

Cor - y - don (Kor/iden) *noun.* in pastoral literature, a name for a shepherd or rustic

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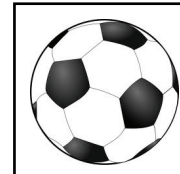
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Head Start Programs Fight Closing

By Jeanette Ramirez
Staff Editor

Where once stood a program dedicated to giving children bright futures now stands as an organization facing closure due to budget cuts.

Jule Sugarman, Head Start's creator and first director, launched Head Start in 1964 as a catch-up summer school program that would teach low-income children in a few weeks what they needed to know to start

For more than two decades, Head Start has been a part of Long Beach Unified after the district adopted the program in the seventies. Since then, it has been independently reviewed to be among America's best and serves as a national model. Recently, however, it is believed that Head Start will possibly face its last year in LBUSD in the upcoming years. Nevertheless, Head Start staff

members and parents are in the process of fighting for the program to continue.

Still, over 20,000 pink slips have been sent out to Head Start teachers in the past year.

Head Start advocates fear governors might use the money elsewhere, a temptation that grows in times of budget crisis.

Ludivina Salinas, Human Services Liaison at Head Start, is one of those advocates. "There's a precise budget set aside for [Long Beach's] Head Start. But where has the money gone?" she asks. "If it were being used properly, Head Start would not be in any trouble right now."

The annual, federal \$6.8+ billion dollar budget for the program provides services to more than 905,000 children, 57 percent of whom are an average age of four years old, or older, and 43 percent three years old or younger.

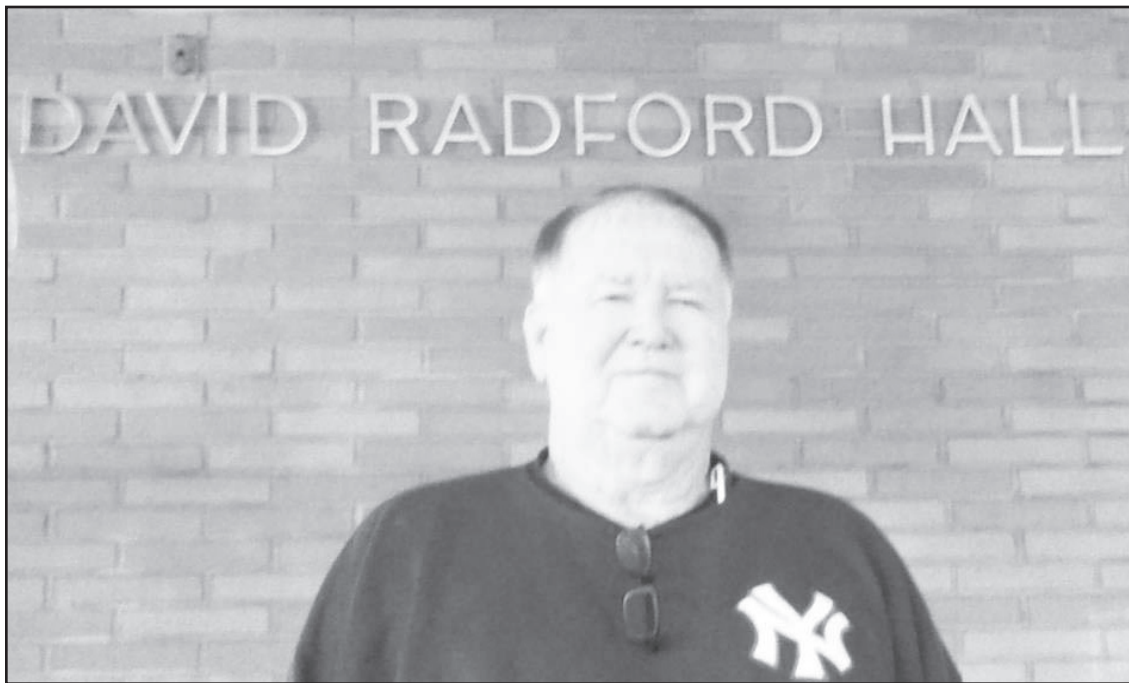


PHOTO BY THOMAS LIND

The 900 Building Takes a New Name

By Ariana Gastelum
Editor-in-Chief

Not only are we entering the 900 building, but we are now walking through the David Radford Hall.

East Long Beach high schools have a new plan to give all of its buildings names instead of numbers to give a more respectful atmosphere.

Thomas Lind, English and QUEST Senior Project teacher, was able to make this plan come alive.

"Doing it would create a warmer campus. It takes away the depersonalization, he says."

Radford graduated from Millikan in 1957, but he never left completely. He taught government, economics, and history in the Long Beach Unified

School District for 39 years, 26 at Millikan. Radford was chosen as the first honoree because of his long history with the school.

He was also in the first graduating class and first Hall of Fame inductee. Lind refers to him as a "legend of a teacher."

The leadership committee will negotiate future building dedications.



PHOTO COURTESY OF THOMAS LIND

EXTREME MAKEOVER QUEST EDITION

While all of this year's QUEST senior projects were remarkable, Emilie Anselmo's face masks were particularly inspiring. Robert Agiu (left) sports a "Phantom of the Opera" mask, and Michael Christenson (right) "Loudly Lion" disguise drew attention throughout the night.

Media Manipulation Gallery Comes Alive

By Victoria Lahney
Staff Reporter

The first annual COMPASS Gallery Walk was held on Monday, March 5. It was a night full of realia and interpretation. The night featured the works of the COMPASS 10th grade class in World History, Language Arts, and Biology.

The World War I museum was held in the library and the Media Manipulation Gallery in room 717.

The gallery was full of photographs, paintings, drawings, 3-D paintings, and videos of skits, bands, and music. All of the projects were based on the book [Fahrenheit 451] by Ray Bradbury or Shakespeare's play, 'Othello'.

This was the students second quarter integrated arts based project. Students had to incorporate what they had

learned in Language Arts, Biology and History as a way to demonstrate their cross-curricular knowledge all in a single project.

"Two of my friends and I did a music video to the song 'Perfect' by P!nk," said Kaylie Solomon.

"I am really happy with the turn out; this was the first trial to see if the project would work and be successful, and it was," said Glose.

"One of the themes in [Fahrenheit 451] is body image. The main characters wife is obsessed with her looks. In biology we about learned the effects of choices. Your actions can result in a positive or negative outcome," continued Solomon.

"In history, we learned

about propoganda and advertisements. We used scare tactics, where you scare the person or reader into believing you," said Melanie Rutledge, who collaborated with Solomon.

All students in Mrs. Glose's English class were required to do the project, but only a select

few were chosen to go in the gallery.

"Mrs. Mary Massich, Mr. Brett Wiley, and I sat down with the criteria and looked at the projects to see how well it me all three classes," said

Glose. "If it met all the standards and expectations, we put it in the gallery."

"I am really happy with the turn out; this was the first trial to see if the project would work and be successful, and it was," said Glose. "Now we are refining our lessons to make the project better for next year."

EDITORIAL

Dear Editor

Cinnamon Challenge

I have also pondered the question why anyone would want to participate in something so revolting as the cinnamon challenge. I came up with the only solution: because everyone else is doing it.

I think it is just like planking. I guess it is not always a bad thing. I guess it is good to be adventurous and try new things.

Melissa Snyder
Grade 11

Bye-Bye Pepe

I am so thankful to whichever grounds keeper caught that skunk.

Every day I would go to class second period in the 800 Building and I could barely breathe; the stench was so bad!

I can now breathe in physics class again.

Hannah Pulido
Grade 11

Tuition Rise

School is very competitive now a days, and getting into a college is going down. Which doesn't seem to leave much room for error when applying for college.

For me, my sister is in college and the prices just keep going up and up and that means less money for my college education. Unfortunately many people have to deal with this frustrating issue.

Natalie Frixione
Grade 11

High Standards of Golf

The fact that players record their own scores must demonstrate high sportsmanship individually and for the team.

I play badminton. Sometimes a rally goes by so fast, it's very difficult to tell when the shuttle is in or out of the boundary lines.

If the other team isn't paying attention, it's easy to give yourself extra points or even deduct points from the other team.

Golf and badminton are two very respectful sports and cheating is heavily looked down upon especially when it's your own call.

Brittanie Phou
Grade 11

The Trashiest Kids in High School

By Jeanette Ramirez
Staff Editor

Does it not bother you that Millikan looks like a complete landfill after nutrition and after lunch? Or that seagulls fly constantly over campus looking for their next treat?

The seagulls—that so many students fuss about and run away from screaming when one even gets close by have learned that Millikan students leave trash and food. They have realized that it is guaranteed someone will leave their half-eaten burger on a table or an entire tray on the ground.

However, what should appall us even more is the lack of respect that many Millikan students show to the school and custodians.

If it weren't for our cleaning staff, Millikan would be knee-high in trash. Those who do pick

up their trash and clean up after themselves appropriately should be offended as well by the impudence and outright laziness that some students display.

Seeing as the staff can't exactly pinpoint which students leave their trash behind, the blame and fault spreads to everyone.

"I have never really noticed it. I stick to one half of the school and hardly ever cross onto the other side. My side is pretty clean," comments an anonymous student.

And now to name which areas of Millikan are the trashiest, we have the area underneath the 900 Building, the quad, and the blue tables outside the cafeteria. It has even begun to creep up on other parts of the school.

On any given day, you can expect to see trash scattered on the ground, and even on top of bushes.

Aside from the seagulls that stalk campus skunks and rats have now entered the picture.

Many of us have realized that even the promise of jeans at the end of every month isn't enough. Dr. Jeffrey Cornejo should not have to bribe us into cleaning up after ourselves. Instead, we should not need to take all this time and effort to get students to take action.

"Sometimes administrators walk by me and scold me for trash that isn't even mine, for trash that the wind has blown my way," says another anonymous student. "It angers me. I throw all my trash away appropriately."

It only take one person to pick up after themselves, but we need everyone to make a difference.

All we have left to do is to see if this article has any impact on those committing the offense.

What's On Your iPod?

By Chelsi Harris
Staff Reporter



"When I need inspiration, I listen to 'Mirrors' by Bruno Mars and Lil' Wayne. The beat is pretty smooth so it doesn't distract me from homework or whatever task is at hand."

Payam Khalizadeh
QUEST Senior

ELEVATE Just for the Health of It

Libby Berry
Staff Reporter

Every year, Millikan's PEACE seniors, led by teacher Lee Underwood, choose a controversial issue and work as a team to raise awareness and help to solve the issue at hand.

This year, ELEVATE will work to address the negative effects resulting from the removal of the High School Health Education curriculum by educating students, raising awareness, and reaching out to the public.

ELEVATE has already done a number of actions to promote their cause including a restaurant fundraiser, spreading posters around campus, making t-shirts and bracelets, having an abuse simulation, and more.

One of the major accomplishments of ELEVATE has been a panel discussion at Millikan's PALS meeting made up of Rosario Rivas with the Long Beach Health Department; Sydney Kaitanjian, retired health teacher at Millikan;

Lara Turnbull, Project Director for Healthy Active Long Beach of Health and Human Services; and Robin Sinks, health curriculum leader.

At this event, members of ELEVATE asked the panel a series of

ing health classes for Long Beach schools. ELEVATE hoped that this event would show how important Health classes are to students.

Without health classes, students will not be able to attain the knowledge needed to live a personal, vibrant lifestyle outside the classroom.

This group was also contacted by the head of California's UC schools wishing them support and informing them that they are also working to support the cause of educating students with health classes.

If students can't obtain this information from teachers, they will be forced to turn to outside sources such as their peers or the Internet, which may not necessarily be accurate.

In doing this project, PEACE seniors hope to establish a healthier lifestyle for Millikan students and the surrounding community. They also hope that health classes can be reinstated to educate students on how to care for themselves and avoid any possible damage to personal health.



questions on the recent removal of health classes. It was clear that not only do students see the possible consequences, but that these adults felt strongly on the importance of reinstating this class as well.

May 1 the group spoke to the Long Beach Board of Education to argue on behalf of reinstat-



"I'm really into Frank Ocean right now. He's a really creative artist and his songs are really chill and relaxing. My favorite one at the moment is 'Novacane'."

Beau Blankenship
PEACE Junior



"I'm listening to 'Somebody That I Used to Know' by Gogole. It's a pretty recent song, yet different from most of the music that's out today. I like the tone of it."

Colleen Larson
PEACE Sophomore



"I listen to a lot of hip-hop/rap. One song that I currently have on repeat is 'Cameras' by Wiz Khalifa. It's pretty upbeat and puts me in a good mood."

Freddy Marquez
Global Tech Junior

The Evolution of the Bully From John Bender To Regina George by Charlotte Shaw



Flashback on the High School Past

By Victoria Lahney
 Staff Reporter

What we do at Millikan will have an effect on our future. When we look back at the classes we took, the clubs we joined, the friends we made, will we be proud or ashamed? We often make our decisions without thinking about how it will affect us later on.

A few teachers were asked what they would have done differently in their high school days.

Ronald Quintana, Intermediate Algebra

"I wish I would have tried harder through elementary to junior high," he said, "because once I got in high school it was difficult to catch up."

What took other students 30 minutes to finish, it would take Quintana an hour.

"I also wish I could have been exposed to more careers when I was younger," he added. "I could have been a doctor if I knew what was needed of me."

Mary Massich, World History

"I took years of piano lessons and always sang in chorus in high school," she said. "One of my greatest regrets is never taking a dance or drama class. I look back on this as a missed opportunity."

Instead, Massich was drawn to the social sciences. She took psychology and sociology instead.

"As a teacher in the COMPASS academy, it would help to have a back ground in dance and drama to assist students in the integrated arts projects," she said.

Christine Taxier, French 3-8

"Looking back at my high school experience, there is nothing that I would do differently. I had a great time," she said.

Taxier was very involved with school activities. She went to sports games, and was the president of multiple clubs.

"In high school, I accomplished everything that I wanted to do," she stated.

She used high school to become more social and involved. In grade school, one of her teachers told her she needed to become more confident and not be introverted.

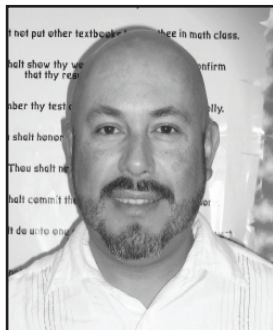
"At first I was very shy," she said, "but through high school, I learned to become more involved with activities and develop leadership skills."

Cady Bow, JV Girls Tennis Coach

"In high school, I wish I would have done more extra curricular activities," she said.

Besides being on the Millikan tennis team and tennis club, Bow was mainly focused on school work and grades.

Her biggest regret was not being as involved with school activities as she could have been.



Robert Quintana



Mary Massich



Christine Taxier



Cady Bow

Dear Editor

17-Year-Old Discovers Cancer Miracle

The achievement young Angelica Zhang has made is a world-wide impact. This could help save thousands of lives and should be completely recognized.

Zhang should win many awards because of her impact and deserves more. I believe this truly is an accomplishment that should be recognized globally.

Kenia Fuentes
 Grade 11

Millikan's Library Prepares for War

This article brought back good memories when my project was in the library. Having our work on display feels so rewarding for all the hard work that we put into the project.

Now, as a senior, its cool to see this exhibit expand. I can't wait to see next year's amazing projects.

Mario Flores
 Grade 12

The Difference Between Love and Spring Fever

This article was very true and it reminded me of my relationships. I also think it was smart that tips were added on how to keep the relationship going and a friendly reminder not to stay with someone you're unhappy with.

Jacey Roman
 Grade 11

17 Going on 18

I can tell that many teens who turn eighteen do as many things as they can just for fun. It's pretty obvious most people have already done most of the things listed in this article.

Maybe now there will be less crime because they wouldn't be doing anything illegal anymore.

Karen Choup
 Grade 11

Engineering Club Comes to Millikan

I'm glad people are making clubs where more competition is involved. People usually just join clubs so it looks good on their resume or because some of their friends encouraged them to.

Now students who enjoy building projects to learn more about engineering can join this club. Also, this would be a great opportunity to get more guys involved in clubs.

Alma Pacheco
 Grade 11

School Loop: Students' Worst Enemy?

By Kaelyn Bruno
 Staff Editor

From old grade books and chalkboards to School Loop and LED projectors, the education system has changed dramatically since the last decade.

The invention of School Loop allows students to check their grades at any given moment and email their teachers about school work.

Most students appreciate this fairly new form of grade checks. They can find their notes, turn in projects via drop box, and store files in their virtual lockers.

"I like the feeling of knowing

where I stand in my classes grade wise," says QUEST junior Cristina McCann. "Nothing's a mystery."

However, some students despise the invention of the website.

They dislike that their parents can link their email with the account and receive students' daily homework reminders.

Some students absolutely hate School Loop, because Mom and Dad know right away

when they fail a test or miss an assignment.

Another problem that students run into is that they don't write down their homework in class but wait to see it posted on School Loop, yet sometimes teachers haven't published them yet.

While it puts accountability on students, it takes away responsibility, and then places it with the teacher. Teachers can be blamed by the students for not

uploading the homework, when it was the students job to get it.

Also, by the time report cards are sent out, there is no surprise because parents are already aware of the grades. On the other hand, some students refuse to check it just for fear of what they might see.

"I have to rush and check my mom's email before she does, so that she won't ever see the daily homework email," says one anonymous student.

Now that method of diversion may seem a bit much, it's within reason that a student will go that far to protect teenage rights to secrecy.

"I like the feeling of knowing where I stand in my classes grade wise."
 -Cristina McCann, QUEST junior

Now in Our 56th Year of Publication

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Cor y don (Kor/iden) n. In pastoral literature a name for a shepherd or rustic

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Prepare for Prom

By Victoria Lahney and Chelsi Harris

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Find these words:

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- Queen
- Corsages
- Tuxedos
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- Ball Room
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- Dates
- Evening
- Music

The Corydon encourages its readers to submit letters of commentary on any school issue. We reserve the right to edit letters for content or space. All letters must be signed with the writer's full name and grade level and sent to Room 833. The Corydon is also available on the Millikan website: www.lbmillikan.schoolloop.com

Asking Vs. Proposing a Prom Date

By Ariana Gastelum
Editor-in-Chief

As prom grows near, boys scramble to ask the single girls before anyone else has the opportunity to get to them.

Some ask on Skype or Oovoo, over the phone, in text, or even through a note in class. Among these people, there is always a fair percentage who end up rejected without knowing why.

Girls are aware of boys' fear of rejection, but are still discouraged by the fact that there was no eye contact. If he feels so awkward to ask in person, then imagine how it may be when they are both dancing together.

Others put in extra effort, similar to a marriage proposal. They bring flowers or cupcakes, make a scene around friends to embarrass her and almost force her to accept.

Senior Alexandra Brown was asked in front of a lot of people next to the auditorium. She was given flowers and a poster.

"It takes a lot of guts for a guy to do that, but I think I would have preferred being asked in private instead of in front of people," she says.

"It is better to ask in a creative way because it's more special and meaningful," -Brian León

There are also the few who go beyond asking by inserting messages into food or random places that the girl may pass by.

Senior Brian León asked his girlfriend, Tori Sayre, to formal through a fortune cookie's message.

"It's better to ask in a creative way because it's more special and meaningful," says León. "It adds to the experience."

As a result, the boys who choose to go the extra mile in their proposal are more likely to be accepted.

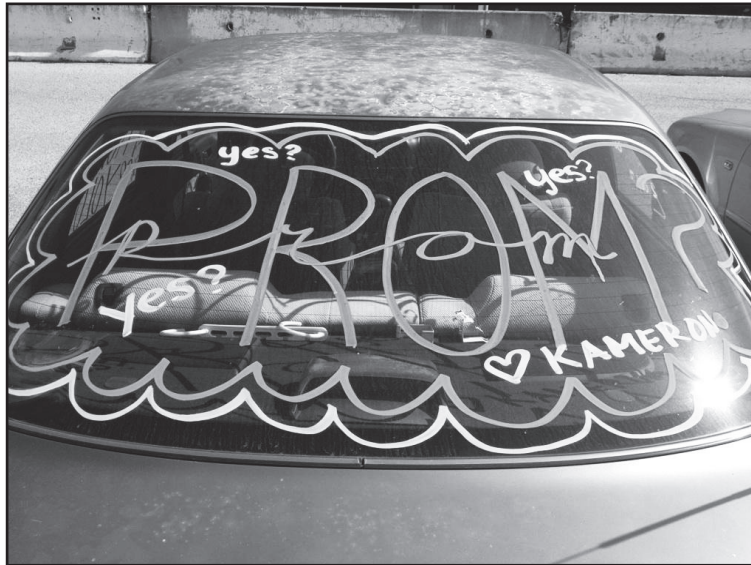


PHOTO BY KAMERON ISAACS

Senior Kameron Isaacs asked her friend, Garret Beighton by window painting, "Prom? Yes? Millikan Prom 2012" on every side of his car. Isaacs and her friends hid behind bushes until Beighton approached the scene. Isaacs surprised him with a pink balloon and asked, "Garret, will you go to prom with me?" With shock, Beighton happily responds with "Yes." Isaacs says, "I was so happy when he said yes, but I was bummed when he called me later telling me he couldn't come."

Have You Been Misinformed? Read and See!

By Anna León
Staff Reporter

The 2012 prom, themed An Enchanted Escape, will take place on Saturday, May 12 at the Long Beach Convention Center from 8 p.m. to midnight. Tickets are being sold for \$75 until May 4, but will cost \$80 starting May 7.

Students who wish to at-

tend prom activities are advised to read the prom contract they so hurriedly had their parents sign.

By signing the contract you are agreeing to obey all rules, including: no drinking or drugs, no inappropriate or "slam" dancing, and no refunds. Formal attire is required.

Students were troubled when the dance's original date,

May 19, was moved to May 12. This change was made for a more economical price on the room where the dance will be hosted.

While it is not the most convenient date, being smack in the middle of AP exam testing's schedule, the change of date helped lower the overall cost of the dance, which is beneficial to all.

Avoid the Embarrassment and Plan the Perfect Prom

By Ariana Gastelum
Editor-in-Chief

Imagine you're finally at prom, a time that is supposed to be the greatest night of your young life, according to your expectations.

Unfortunately, every beauty salon you went to was full. During dinner, your feet are already hurting from those six-inch heels. Later in the night, you discover someone is actually wearing the exact same dress as you are. With just one mistake, this memorable night can become disastrous.

Luckily, here is advice on prom do's and don't's for guys and girls that are tried and true.

Girls

- Practice walking in your heels. You will not only have to worry about walking, but also dancing, and no one wants to stumble on the dance floor.

- Bring or post a picture on Facebook of your prom dress to prevent appearing in the same one as someone else.

- Schedule an early appointment for hair and makeup. Salons get very crowded at this time of the year so be prepared.

- If you choose to do your hair and makeup yourself or by a friend or parent, practice at least once beforehand.

Guys

- Act chivalrous. Remember to open the car door and pull out the chair for your date.

- Bring a date that you are comfortable dancing with.

- Make sure you don't wait to the last minute to buy your tickets. They increase in cost as time passes and they may even run out.

- Guys are known to buy or rent their tuxes last minute. Be sure to get a fitting at least a few weeks before the big day. That way, issues will have time to be taken care of.

Couples

- In order to find a vest or tie that perfectly matches a dress, girls are advised to bring their dress along to their date's tux fitting.

- Never come with one date and leave with another.

- Stay away from alcohol and drugs. Breathalyzer tests will be taken before entering the dance.

- Don't wear tight clothing. You will be moving and the material may rip. Also avoid loose clothing; body parts might slip out of them while dancing.

- Take lots of pictures! You will want to remember this forever.

Following these tips will help you have a night you could cherish for a lifetime.



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FEATURE

What's in Store for You Next Year? A Reflection of This Year

By Amira Latif
Staff Editor

This year is coming to an end. Students have already chosen classes and seniors don't have to battle senioritis for much longer. You just may be wondering what is in store for you next year. Here are some insights for those who want to see what's next.

**Linda Meng,
Global Tech sophomore:**

My first Advanced Placement class [World History] was hard. The thing that I found most fun was joining Key Club and going to Six Flags. It was insane but exciting because I got to hang out with my friends.

I disliked having more homework but I guess it's for the best. For incoming freshmen, and sophomores as well, I'd say that you should expect way more work because the next three years come with a lot of responsibility.

Always try your best, and don't slack off. Teachers expect a lot from you now. Don't procrastinate either.

Remember, the choices that you make now could affect you greatly in the future.

**Deira Lacanaria,
QUEST junior:**

This year felt like it was the toughest but the most fun, because of how much closer I feel with my peers. It was a lot better than past years, but maybe that's just me.

My favorite aspect of this year was going on the QUEST Monterey field trip because we got to tour a lot of places, including University of California, Santa Cruz.

What I disliked was all the pressure and stress that got to me. Now, I need to be thinking about college. It's getting so close for juniors. I also dislike that we will have a traditional bell schedule next year but I think it will be interesting too.

My advice to the upcoming class is don't let distractions get in your way of success. This is the most important year of your high school career and it counts for everything. Set your goals and work

towards achieving them.

By this year, you won't even care about drama much, you have more important things to worry about. You will learn more about responsibility that comes with freedom and that you have potential to do great things as long as you strive for them.

**Rosten Carmona,
GREEN senior:**

This year went by too quickly, but amidst all the chaos and haste, this year was about finding new bonds and getting to know my class better.

I haven't been to prom yet, but Mr. Ram was a really fun experience. Competing against all my friends and getting to share my craft with the student body as my audience was amazing.

The thing I didn't like, and this has been since freshman year, is wearing uniforms!

To the upcoming senior class—it's high school and you're young so don't get caught up in things like drama. Also, don't forget to keep up with the work. Senior year is still important.

Backstage Bistro Enlivens the Audience Experience

Concert Choir Performs at Annual Backstage Bistro

By Jeanette Ramirez
Staff Editor

Sweet voices rang lightly, bouncing from table to table, as concert-goers chatted among themselves, commenting on the soft lilt of a soprano's voice or the fanciful change of scenery.

From 6 until 9:30 p.m. on March 19, 20, and 21, café tables occupied half of Millikan's auditorium stage as part of the Backstage Bistro.

Unusual to ordinary concerts where the audience sits on plush chairs spaced several feet away from the stage, Backstage Bistro seated their audience members at coffee tables located directly on the stage.

The night was casual with refreshments and a coffeehouse

ambiance.

The evening started out with a group song, followed by a stream of solo songs, and ended with another group song, with breaks in between.

"It is always a lot of fun—nerve-racking for sure—but everyone is really supportive of each other. Everyone always ends up doing really well," commented choir member and alto, Ellen Beizer.

Auditions were held during choir class. Those who auditioned were guaranteed a spot on performance night. In preparation, the solo singers practiced with pianist/accompanist Chris Ringer to gain confidence.

"It was a great experience because it helps students conquer their fears of auditions, as well as stage-fright," Beizer continued.

The next casual choir performance is May 9 and the next formal concert is May 29. Further details will be on school loop.

Ringer says "We welcome all students who are interested in singing or want to improve [their talent] to join concert choir."

What Caffeine Really Does to Your System

By Kaitlyn Smith
Staff Reporter

After a long day at school and tennis practice, I often arrive home quite tired. When I open up my binders and remember that I have a few hours worth of homework, I feel even more exhausted. I trudge to the fridge and grab a caffeinated soda to get me through the afternoon, and settle in to work.

Little did I (or most teens) know is the effect that caffeine really has on our bodies.

Around 90 percent of Americans consume caffeine each day in one form or another. Roughly 20 to 30 percent of Americans consume more than 600 milligrams on a typical day. It is estimated that 75 percent of the nation's intake is caffeine from coffee (MedicineNet).

While caffeine may provide us with instant energy and alertness, when consumed often enough, a person can develop a tolerance to it and will need to intake more caffeine to achieve the desired effects, according to kidshealth.org. This increased tolerance can be identified as an addiction.

The organization states that caffeine can also cause your body to lose calcium, which is needed to develop bones properly, something that is very important to growing children and teens.

Many teens will reach for a caffeinated drink in times of stress or anxiety, but it has been

proven that caffeine actually makes these problems worse.

Caffeine causes you heart to race, your pupils to dilate, excessive glucose release into your blood stream, and tensing of the muscles, according to overcaffeinated.org.

If we consume large amounts of caffeine every day, we can become dependent on it, much like a drug. If a caffeine dependent person suddenly quits their intake, they are likely to experience withdrawal symptoms such as irritability, headaches, and drowsiness, much like a drug addict or alcoholic would feel after they have sobered up.

The onset of withdrawal symptoms typically begins 12 to 24 hours after abstinence, with the peak intensity occurring at 20 to 51 hours. The withdrawal symptoms last for a range of two to nine days.

It is heavily recommended that teens do not consume more than 100 milligrams of caffeine a day. To put that in perspective, that is about what one can of Red Bull contains.

A fatal dose for adults has been shown to be more than 10 grams. Children under 12 years should not consume any caffeine.

Cutting caffeine out of your diet completely is not necessary, but keeping your intake down is highly advised by health professionals everywhere.

When you feel thirsty, opt for a bottle of water or juice, and skip the soda.



PHOTO COURTESY OF JENNIFER WATERS

DANCE SPECTRUM TAKES MILLIKAN BY STORM

Hip-hop, salsa, ballet, jazz—these were just a few of the genres of dance presented at the annual LBUSD Dance Spectrum showcase on Thursday night, March 8. Dancers from Long Beach Unified high schools such as Wilson, Poly, and Lakewood, joined together in the Millikan auditorium to show off the fruits of their labor in numerous performances. The event was hosted by Jennifer Waters, who teaches dance at Millikan and included performances from our intermediate and advanced dance teams.

By Chelsi Harris

Football Players Shave Heads to Honor Cancer Victims

By Sydney Scott
Staff Editor

Thousands of children are diagnosed with cancer every year, and are forced to fight for their lives.

In the United States alone, approximately 10,400 children under age 15 were diagnosed with cancer in 2007. Jalen Thayer was one of those victims and the anniversary of his passing recently occurred.

Cancer patients often have a bald head because of chemotherapy. Along with the thousands of

children losing their hair, approximately 48,000 others shaved their heads alongside the young cancer patients to show their support and raise awareness.

The Saint Baldrick's Foundation is a volunteer charity that funds research to find cures for childhood cancers and lends support to survivors to have healthier lives. This year alone, they have raised over \$25 million.

Of these participants, some are Millikan's own students. The largest group to participate was the football team. With merely a two-day notice, these young

men took a trip to Cubberly K-8 School in Long Beach and bravely shaved their heads.

When asked how Noah Martinez felt about participating, he answered, "I liked it. I'm glad I did it. No hair equals cancer care."

Cubberly staff member Sandra Zike witnessed the event and says, "I'm proud of all the boys who took part in it. That takes a lot of guts to do, along with the others who took the chance and took part in it."

This event touched many hearts and reminds us to help others.

Millikan Boys Tennis Topples Cabrillo



PHOTO BY KAITLYN SMITH

During a game against Lakewood at Millikan on Tuesday, March 27, juniors Jack Denk (left) and Conner Davidson (right) stay on their toes and anticipate their opponents next moves. Millikan lost the tournament but gave it their best effort. Moore League tournaments at Millikan will officially begin on April 30 and wrap up the tennis season.

Sasha Kobliha
Staff Reporter

The varsity boys tennis team rivaled Cabrillo High School April 5 in a heated match hosted by Millikan.

In the midst of their grueling game, the boys were unrelenting in their determination and prevailed, end-

After losing to Cabrillo last season, Coach Torie Frapwell commended the team on beating their opponents the second time around. Frapwell announced she has "new ideas and strategies" to utilize individual talents and ensure a successful season.

Boy's tennis has reached a mid-way mark in the sea-

"I feel it was a collective effort. We successfully applied what we learned in practice,"
-junior Evan Cabot.

ing the competition with an impressive score of 13 to 5.

"I feel it was a collective effort. We successfully applied what we learned in practice," said junior Evan Cabot.

"People underestimate the sport, but when it comes down to it, matches are difficult. It takes perseverance," explained Cabot.

son and continues to endure and excel. With the impending Moore League Tournament fast approaching on May 2, team members rally together in preparation and anticipation for the crucial competition.

"Millikan tennis--we always go hard!" proclaimed junior Conner Davidson.

Varsity Lady Rams Softball Beats Lakewood

By Chelsi Harris
Staff Reporter

It's a blazing hot afternoon in the Long Beach area, yet the stands are alive with stomping feet and the sound of incessant chatter of Ram fans from all walks of life. The March air is thick with anticipation for the girls varsity softball game against Lakewood High School.

Though the Lancers have been defending champs in Moore League softball for five years running, the Rams were in it to win it from the get-go and continued to cheer each other on.

"We've been working really hard to become a unit. We're

truly a family and we make sure that no one is ever brought down. Working together has

Currently they are 6-1-0 in the league with an overall score of 19-6-0.

helped us pull it together out on the field," says COMPASS junior Jessica Reyas.

Despite Lakewood's 3-0 head start, the ladies got it together in the 4th inning, when two hits and an error from Lakewood resulted in two runs for Millikan. In the end, the home team prevailed in a 7-3 win, beating Lakewood for the first time in four years.

Recently, the team has won all of their championship games, and has done exceptionally well in their tournaments. They placed second in the Redondo tournament with a 5-0 win. They also beat Jordan 19-0 and Compton 24-0. Currently they are 6-1-0 in the league with an overall score of 19-6-0. Let's continue to support our Rams as they continue striving in their season.



FROM THE PRESS TELEGRAM

ENCOURAGING EMBRACE

Millikan swimmer McKayla Thomas hugs her opponent Savannah Steffen from Poly High. Millikan faced off against the Jackrabbits on Wednesday, May 25, at Millikan for a Moore league tournament.

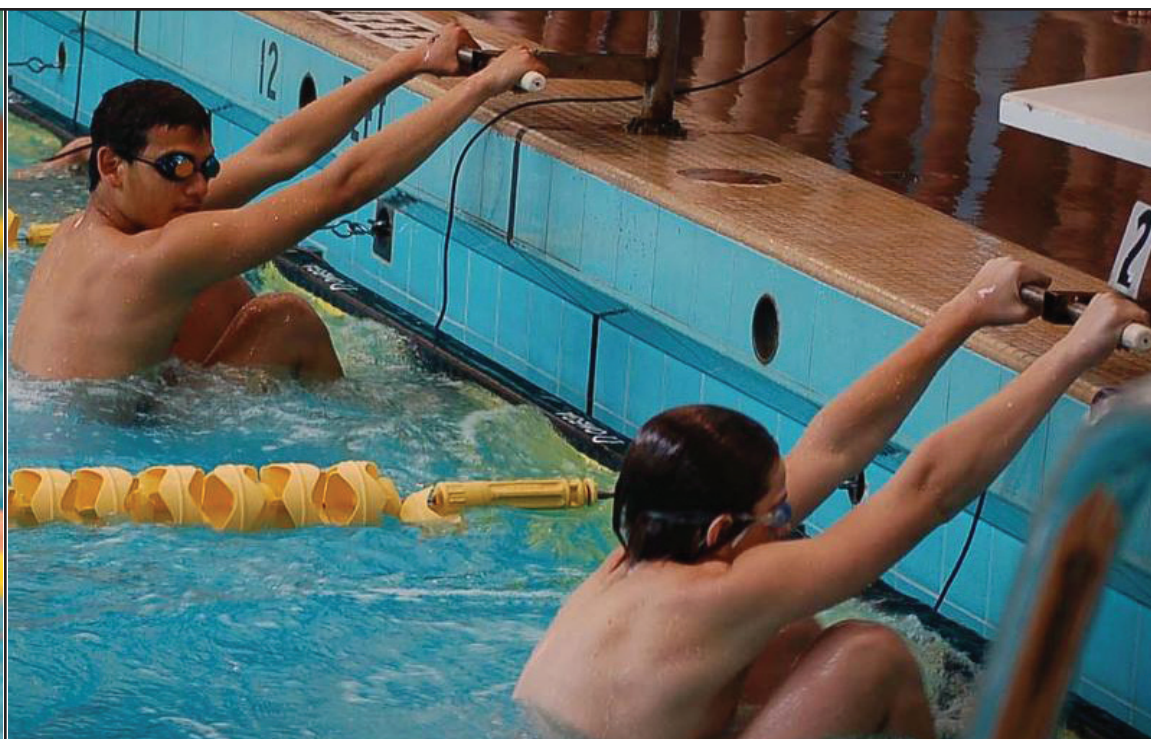


PHOTO BY KAITLYN SMITH

CHECKING OUT THE COMPETITION

All set to push off the dive block at the sound of the buzzer, Darrian Talamantes takes a quick glance at his competition. The swim meet against Cerritos was hosted by Millikan on Wednesday March 28. The meet ended in a triumph for the Millikan boys division. With the season now in full swing Millikan swim continues to work hard in hopes of obtaining a league title.

ATHLETICS

Palomino and Johnson Kick It to Win It

East Coast Soccer Scholarships

By Anna León
Staff Reporter

Seniors Alexandra Palomino and Kelly Johnson will be attending the College of Saint Rose in Albany, New York, both on soccer scholarships starting in the fall of 2012.

Both girls have been playing soccer since they were about 5 years old, and have played on the varsity team all four years at Millikan. Palomino and Johnson were also the varsity captians this year's season.

In order to be qualified for soccer college scholarships, soccer players begin going to college showcases as early as sophomore year, both regionally and around the country, where different universities come out and test the skills of the players.

In Palomino and Johnson's case, they emailed the colleges they were interested in so they are aware and would pay special attention to them at the next college showcase.

Palomino finally heard back from St. Rose during her junior year after attending a Las Vegas soccer tournament. Palomino and head coach Laurie Gutheil kept in touch, until she asked her to come practice with the team in early August.

After flying out to New York, Palomino practiced with the team and said it went really well. She was then offered a spot on the team, complete with a scholarship covering all of her tuition costs.

Johnson's story is similar to Palomino's, except she did not practice with the team until late September, and was then offered a spot on the team as well.

The College of St. Rose currently holds the title of being #1 in the nation for NCAA Division II women's soccer. The team has been in the final four for the past three years.

"I'm excited and nervous about it," says Johnson of playing soccer for St. Rose. "It's rewarding for all my hard work since day one."

"I'm nervous to be living on my own, but it's a dream come true," says Palomino.

The soccer stars will begin training with the team over the summer, and become roommates off-campus in the fall.



PHOTO BY KAITLYN SMITH

BOYS VOLLEYBALL WRAPS UP SEASON

On March 27, the boys JV and Varsity Volleyball teams played Wilson High School at Millikan. Both teams lost, but they came very close during each round. Pictured above is sophomore Varsity member Daniel Ceiletti jumping for the ball during the second round of the game.

Congrats Girls Swim



2nd Place in Moore League Dual Meet

Good Luck in Moore League Finals at Belmont Plaza May 4th

Finishing the Season With a Jump Shot

By Joyce Ramos
Staff Reporter

The Varsity Lady Rams highlighted the 2011-2012 winter sports season by advancing further into the CIF playoffs this year and for being ranked one of the top ten teams in their division.

The rigorous tournaments sharpened the skills of veteran players and provided new Varsity members a testing experience.

Coach Lorene Morgan says,

"More kids got minutes this year and gained experience for next year's season."

Coach Lorene Morgan says, "More kids got minutes this year and gained experience for next year's season."

Training sessions filled with drills, running, and weight training all paid off as many players

were able to obtain new records for the team. This year, records in deflection plays and three-point-

ers surpassed those the team had set previous years.

The Lady Rams account their

victory over Hampford High School, from central California, as one of their greatest victories this season.

Morgan says "We got further than last year in playoffs and I feel we have something to build on. Everyone feels we are going to be better next year."

The Lady Rams now have next year's season to look forward to, and can take pride in their victories and experiences learned from the 2011-2012 season.

2012 BADMINTON SEASON ON THE RISE

By Rosanna Ly
Staff Editor

Senior Jefferson Thai is very spry of how strong his badminton team is this season at Millikan. Season began right after basketball season finished with CIF.

During the winter season the badminton team continued to prepare for yet again another unforgettable season by practicing every day for more than two hours.

Coach Theodore Velente holds practice on every week night from 6 to 9 for all varsity players. Currently, there are about forty members; around 15 consist of seniors.

Others sometimes misconceive badminton as an "easy" sport, when it actually requires as much discipline as any other sport on campus.

"No one understands the strength and precision that goes into badminton—to be able to travel across the entire court,

watching the other team while [also] watching your own partner, and making a decision in a split second—it's harder than it looks," explains Britanie Phou.

Recently the team won against Compton, taking home the victory with a score of 20-1.

"I knew this season was going to be a good one. I remember thinking back before our season started and knew that all these brutal, late practices were going to pay off. And so far they have," says doubles player.

The last game the team had was on Thursday, April 5 at Lakewood against the lancers. The badminton varsity team lost with a score of 9-20.

"Although we lost to Lakewood, I am still hopeful of our next few games we have this season. My team and I practice very hard each day and I know that win or lose we did it as a team," says Brittanie Phou.

That luck panned out as they grasped the CIF title April 30.



PHOTO BY KAITLYN SMITH

BOYS BASEBALL THROWS HEAT

As boys baseball season is in full swing the players are stepping up their game. Moore League games and non league games are just a small portion of the team dynamics as they prepare for finals and CIF.

CSU is Freezing Admissions

By Kaelyn Bruno
Staff Editor
Kaitlyn Martinson
Staff Reporter

Due to a recent proposal backed by Governor Jerry Brown, Cal States plans to freeze admissions for the spring semester of 2013.

The Cal State University system consists of 23 colleges statewide. The most common schools to apply to are within this CSU system. Out-of-state students represent only 4 percent of the 70,000 applications each campus gets every spring.

This shows exactly how much California residents rely on the CSU system for their college education. The proposal will be voted on in the November 2012 elections.

The majority of the 23 schools will not be accepting new students for the spring 2013 semester if this plan passes.

Eight schools--Channel Islands, Chico, East Bay,

Fullerton, Los Angeles, San Francisco, San Bernardino and Sonoma--will accept only a few hundred students transferring from community colleges at that time.

Although it may not seem like it, high schools are not the only schools that are suffering from state and district cuts.

"We need to keep some

executive director of the nonprofit Campaign for College Opportunity said to the LA Times, "It's unfortunate and it's unfair to students who are not going to have an equal shot at getting into and going to college at one of California's public universities. It's also backwards for the state. We are on track to have a generation less educated than we are, and this action doesn't help the case."

Although the future for education looks bleak there is still hope. Governor Jerry Brown has recently revealed his budget plan that could help close a \$9.2 billion deficit. The budget plan calls for a raise in sales tax by half a cent and increasing income taxes on the wealthy.

Paying higher taxes may not seem good, but if the bill does not pass an estimated \$4.8 billion will be cut from education and another tuition hike is to be expected. Colleges may also cut general education classes.

California voters will get the final say on the statewide tax increase during the November elections.

Due to financial cutbacks, next year's CSU acceptance list is steadily getting shorter.

balance between the number of students we're enrolling and serving and the resources we have," says Robert Turnage, Cal State assistant vice chancellor for budget. "If we let everyone in who is eligible, the quality of services that students get and quality of programs for everyone plunges."

The good news is that some people are already planning ahead and changing their college paths accordingly.

Michele Siqueiros,

Chock Full of Coachella

By Kaelyn Bruno
Staff Editor

Two weekends, 143 acts, and 85,000 spectators was the staggering spectacle in the desert of Coachella Music and Arts Festival. Located in the low desert of Indio, people of all different music tastes gathered despite the triple digit temperatures.

Youthful adrenaline pumping and heavy bass beats filling the air, there was no sign of heat exhaustion the weekend of April 20, even with the temperature spiking at 104 degrees.

Asking around campus and finding that most high school students were not able to attend the concert in the sand, was not surprising considering the passes were \$285.

Some of the artists performing on multiple stages included

The Black Keys, Kaskade, The Weeknd, Gotye, Dr. Dre and Snoop Dog, Calvin Harris, Florence and the Machine and much, much more.

"We talk about: What would that person think right here? What would they feel? We strive to make it more personal,"

said Paul Tolle, Coachella co-founder and Goldenvoice president to the LA Times. "Not everyone is going to the same festival."

Other shows including Chicago festival Lollapalooza, struggles with age variation and artist/genre depth. This is exactly how so many people are

drawn in and willing to drop three hundred bucks on a ticket.

Not only does Coachella provide a once in a lifetime experience, but it also encases the concept of accepting all and human diversity.

"Not only does Coachella provide a once in a lifetime experience, but it also encases the concept of accepting all and human diversity."

Catch the Current: News Beyond the Millikan Campus

By Sasha Kobliha
Staff Reporter

Case of Mad Cow Disease Found

The Department of Agriculture announced April 24 that a case of Mad Cow Disease, the first in six years, was identified in a Californian dairy cow.

Mad Cow Disease, also known as Bovine Spongiform Encephalopathy or BSE, attacks the spinal cord and brains of cattle and is degenerative in nature. The disease is contracted by humans from consuming the meat of an infected cow.

The animal was immediately removed from the farm and chief veterinary officer at the department assured the public the nation's cattle and beef supply are safe.

Former Liberian President Convicted

Charles G. Taylor, the former president of Liberia, was convicted before an international

tribunal April 26 for 11 accounts of war crimes in Sierra Leone during Liberia's civil war in the 1990's.

After a 13-month deliberation period, a panel of judges found Taylor guilty of crimes against humanity, including the rape, slaughter, and slavery of the Sierra Leoneans.

Gingrich Resigns From His Campaign

Republican primaries candidate, Newt Gingrich, announced he would be formally resigning from his presidential campaign Wednesday, April 25.

After only having won two states and feeling the impending strain of the 4.3 million dollar debt that has accumulated over the course of his campaign, Gingrich chose to end his run for presidency, but asserted he will remain "very, very active" in the party.

Dolphin Remains in Bolsa Chica Wetlands

Monday, April 30 marks the fourth consecutive day a disoriented dolphin has spent in the Bolsa Chica Wetlands after being spotted Friday, April 27, swimming in the channel.

Members of Marine Animal Rescue refrain from intervening in hopes that the animal will swim back to open sea on its own.



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