

Corydon



MILLIKAN HIGH SCHOOL, LONG BEACH

Cor - y - don (Kor/iden) *noun.* in pastoral literature, a name for a shepherd or rustic

57 Years of Publication

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Museum Studies Partners with the MHS Chambers Gallery

By Sasha Kobliha
Staff Editor

Nestled amongst the seldom visited 700 building classrooms sits the MHS Chambers Gallery in room 717, whose white-walled interior is brimming with the artistic talent of the Millikan community.

The Chambers Gallery was constructed in conjunction with an ambitious QUEST senior project by student Caitlin Chambers in 2011.

Chambers embarked on the laborious task with the help of her mentor Catherine Jones and Kathleen Charvat along with family to fabricate each wall individually and build the gallery. Her contribution has since proved a beneficial addition to the Millikan campus.

The exhibition currently being featured is "The Collective Consciousness," a compilation of art by students, faculty and alumni alike that explores our individual perspectives and celebrates the artistic diversity of the Millikan

family as a whole.

"The gallery gives Millikan artists and opportunity to display their talents and share their work with the public, and gives the museum studies students experience in planning, organizing and executing gallery exhibitions," said teacher Catherine Jones.

Museum studies is an experimental newcomer to Millikan's list of offered classes. Its creation was spearheaded by Jones, who endeavored to create a class "unlike anything offered at other schools."

It seems Jones' resolve and enthusiasm yielded success. Museum studies enables students to observe firsthand the internal workings of a professional museum and put their knowledge to practice through the orchestration of student-run art exhibitions hosted out of The Chambers Gallery.

"It gives working experience to students, especially those interested in a career in the field," said senior Gabriela Chitwood, a representative of the museum



PHOTO COURTESY OF JAMES JACOBS

Parents and potential Millikan students explore the Chambers Gallery during Millikan Parent Night on Dec. 6, 2012 to admire the artistic talent after attending various QUEST, COMPASS, and PEACE classes.

studies class.

The next highly anticipated show will be a collection of student works entitled

"Unlimited: Crossing Borders and Space" which delves into societal controversy by questioning the very nature of pre-conceived

boundaries. It is expected to open March 17 and will be available to visit even days at lunch until April 17.

LBUSD Accommodates a Late Start

By Jeanette Ramirez
Co-Editor-in-Chief

Beary-eyed students are common at high schools across America in the morning, but important research may change that for teenagers in Long Beach.

On Dec. 20, 2012, LBUSD confirmed on their district website that the high school schedule will be adjusted to begin and end an hour later than it currently does for the 2013-2014 school year.

As of now, high schools in Long Beach currently start between 7:45 and 8:00 a.m.

Next year, the schedule will most likely be changed to begin between 8:45 to 9 a.m.

The idea of a later school start has been debated for several years, but in November, it became a reality.

Transportation, in part, was what finally put the idea into motion. Steinhauer explains that since busing has been eliminated from non-mandated transportation, having a later start time would be convenient for students. It would allow additional time for

students to get to school.

Additionally research supports that teenagers work better academically with a later start time.

Research has proven that sleep deprivation can affect mood, performance, attention, learning, behavior and biological functions.

Brown University Professor

"We want the best for our students."

-Principal Jeff Cornejo

Mary Carskadon said that a teenager's body makes it hard, and in some cases almost impossible, for them to go to bed before 11 p.m. or to be alert in the morning.

This is largely because the presence of the sleep-promoting hormone melatonin in teenagers rises later at night than it does in children and adults—and remains at a higher level later in the morning.

Concerns about a late start generally come from students in-

involved in extracurricular, specifically sports.

"A late start will have a big impact on sports. Those who have jobs or ride the city bus will struggle with the dark," said Elizabeth Olvera, compass senior.

Most districts that have changed their start time have experienced few problems with regard to athletics. In fact, they have even seen increased participation in sports and improved performance by their teams.

As for students worried about their jobs, studies have shown that employers indicate a change in start times has not affected their business or the number of hours their student employees can work.

Despite the late start, Dr. Cornejo, expects minimal changes as a result. He assures us that the administrators at Millikan will do their best to keep block-scheduling.

"We want the best for our students," Cornejo comments.

Other changes for the next school year include the removal of ROTC and summer school.

California Universities Rank as Most Dangerous

By Joyce Ramos
Staff Editor

Safety is an essential factor to consider when reviewing colleges. The online community business site, Business Insider, ranks the most dangerous colleges in America.

25 colleges were ranked from most dangerous to least dangerous based on FBI Uniform Crime Reports dealing with college campus incidents during 2011. The list reports violent crime and property crime statistics. Violent crime was weighted four times higher.

UC Riverside was ranked 24th on the danger list along with CSU Fresno (16th), San Diego State University (6th), and UC Berkeley (2nd).

The college that was named the most dangerous college in America with a recorded 12 in-

cidents of rape, 11 robberies, 17 aggravated assaults, 195 burglaries, 625 larcenies, 18 motor vehicle thefts, and three incidents of arson was UCLA.

The controversial list sparked numerous editorials, written by several reporters. Los Angeles Times reporter, Karen Klein, was among those who denounced the credibility of the rankings.

Klein remarked, "In the case of the danger rankings by Business Insider, the data have a certain, but limited, validity. It only examined crimes for large universities with their own police departments. And its timing, through 2011, left out some tragic events involving USC students."

With so many Millikan seniors submitting their college applications, it is questionable whether these rankings will affect their university preferences.

AP Literature teacher Katie Hickox says, "Students always need to consider many factors in selecting target universities. Location, safety, student support and the selectivity of the university are all important factors."

QUEST senior Zoe Del Pinto says, "It would not affect my decision. If it's a good school I will apply and go there."

Dear Editor

The Block Side of Scheduling

Block schedule is very beneficial to students and it gives teachers more time for lessons and students more time for homework.

It also allows students to have the option of taking more classes. This is helpful for students who want to take extra AP's or electives and for students who are struggling with credits.

Laura Liner
Grade 12

Cindy for the Ngyuen

The great success of Cindy's victories show off her amazing talent. Her excitement is what school sports are all about.

The great attention she brings to herself and the school really demonstrates the great things that come with success in school sports.

Charles Gioffredi
Grade 12

AB Teen Driving Academy

The ad caught my attention right away, having in mind how most of us already want to start driving or already drive. Many of us do not have our drivers license.

Therefore, taking online classes for a little amount of money would be a great choice and opportunity.

It's always better to get your drivers license, once you have done online classes. This ad was perfect because now students are aware of the classes they can take.

Monica Olivarez
Grade 12

Issue 3 Corrections

Millikans Election Night Party a Success: This article misspelled the name of Mayor Bob Foster.

Focus Organizes Teacher Appreciation Breakfast: This article misspelled the name of Dalton Carter and gave the wrong room number for Mrs. Iston who is located in Room 404.

MHS Runnin' Rams Keep Up the Pace: Rams ran a three-mile course in the race, not a 10-mile course.

Corydon Staff



Corydon (Kor'idən) n. In pastoral literature a name for a shepherd or rustic

Now in Our 57th Year of Publication

The Mozart Effect: Music Helps With Studying

By Amira Latif
Co-Editor-in-Chief

It is a common scenario: A student in a state of complete contentment listening to music while doing homework. Suddenly, though, Mom comes into the room and authoritatively exclaims, "Take those earplugs out! How in the world are you listening to that while doing that math assignment?!"

Mom may be right in that listening to loud pop music poses more of a distraction than a tool for focusing. But what is the science behind the claim that music helps when studying? It's the phenomenon known as the "Mozart Effect." The Mozart Ef-

fect is based on studies that show that listening to music, mainly, classical, improves memory and listening skills and aids patients with attention deficit disorders. This includes classical music of the baroque kind.

IQ scores were eight to nine points higher after listening to the music than under any other environment.

-Frances Rauscher, Ph.D.

Research taken from PubMed explains that in 1993, Frances Rauscher claimed that "after listening to Mozart's 'Sonata for Two Pianos' for 10 minutes, normal subjects showed significantly better spatial reasoning skills."

Not only that but the mean spatial IQ scores were eight to nine points higher after listening to the music than under any other environment.

The effect, however, only lasted for 10 to 15 minutes, and

Rauscher stresses that the Mozart Effect only helps with spatial temporal reasoning.

Music doesn't increase general intelligence. Other studies show, however, that there is a correlation between higher math

scores and training in classical music.

Using an fMRI, imaging that looks at blood flow in the brain to detect areas of activity, researchers compared brain activity of those who studied music and those who didn't. Researchers hypothesized that musical training may have allowed for an improved working memory performance and an increased abstract representation of numerical quantities.

So maybe classical music does not increase your intelligence but it does aid in certain types of reasoning. For many people, music may serve as a relaxation tool which could help after a long and stressful school.

Stand Up for Stereotypes

By Sydney King
Staff Reporter

When seeing someone being bullied, what do you do? Do you stand there and watch? Or join in? Or do you help the victim?

Many people are bullied every day because of what they value, look like, or what they listen to.

Some people might say rude comments about their hair, their clothes, their shoes, or even their bodies.

Nobody has the right to judge others. Many kids have struggled to fit in. As a result, their entire look and they still end up being bullied.

Some people may look different from the crowd but in all honesty, who wants to live in a world where everyone looks the same?

When everyone looks the same the world would be boring.

There would be no individuality and everyone would look identical. With people from all walks of life, Long Beach prides itself in being one of the most diverse cities in the world.

Furthermore, not all stereotypes are about clothing. There are also racial stereotypes. Every day someone is discriminated against just because they are Caucasian, African-American, Mexican-American, European, or Asian.

Many people are also discriminated against because of their religion. People are bullied for many countless, trivial reasons.

Some of us, however, want to be different, to stand out but don't have a chance to because of rules and regulations. Just keep trying to find a way of becoming yourself. This applies to school uniform; show who you are, but don't break the uniform policy.

Wise words to live by are: Choose what you want to do and be who you want to be, but most of all, be yourself and don't let anyone tell you differently.

Teen Drinking: Too Much, Too Soon, Too Risky

By Alyxia Beasley
Staff Reporter

Many teenagers find a popularity boost in consuming beer and other alcoholic beverages. Little do they know that this risky behavior can lead to addiction, cognitive problems, and even death.

Risky behaviors of teenage drinking include thinking problems. Drinking while you're young can cause long-lasting harm since the brain is still developing.

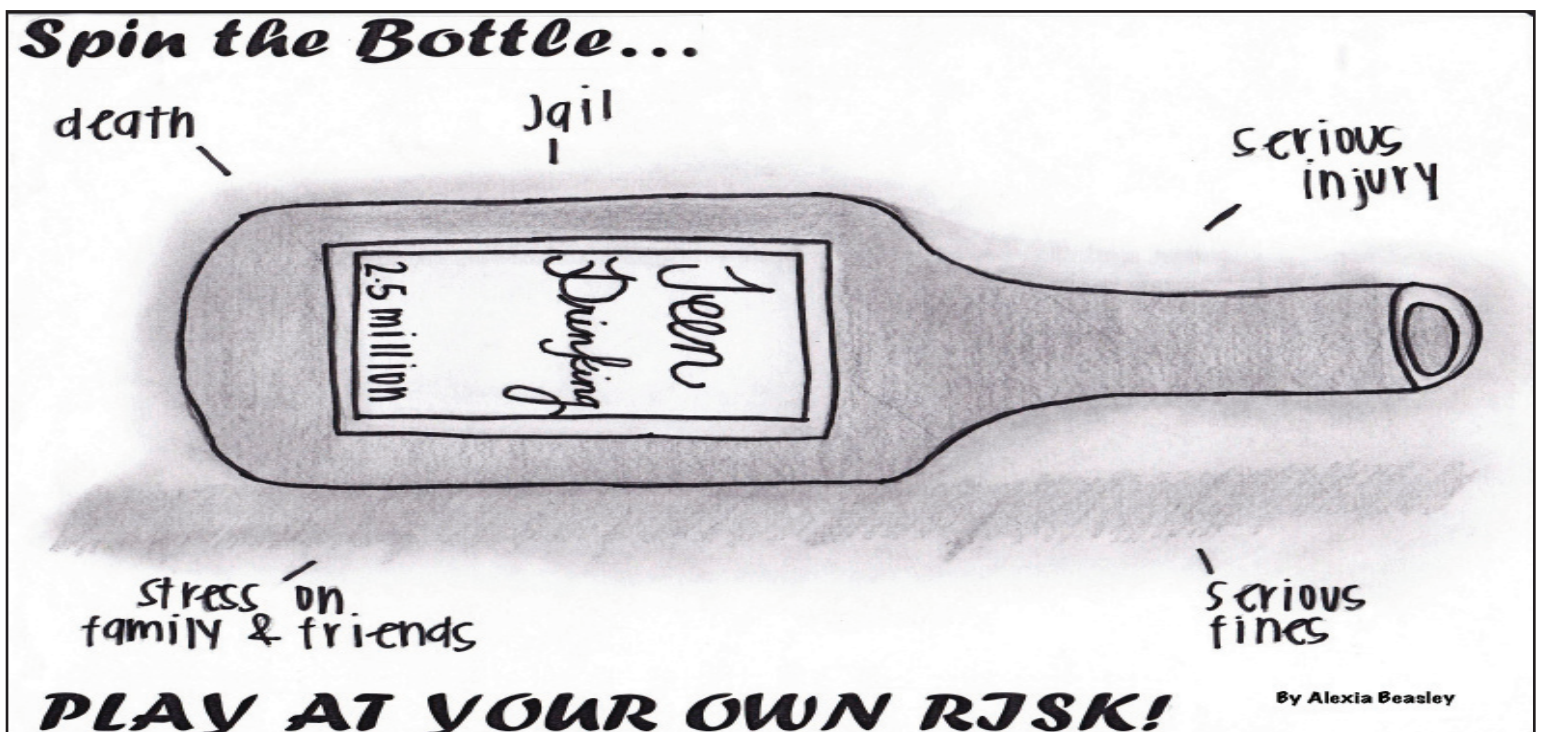
Penalties for drinking and driving include losing your drivers license, losing your job, or losing a college scholarship. Fatal results are dangerous because the younger you start drinking the greater your chances are of

being addicted. According to the National Institutes of Health each year over 5,000 people under the age of 21 will die due to alcohol related injuries.

Because of drinking, people can easily get into holes that they might not be able to get out of. The bigger your problems become, the bigger your hole will get. Drinking can cause loss of friends, problems at school or work, tension, decline of health, and financial problems.

There are many ways to find your popularity boost, but drinking should not be one of them. Resist peer pressure, and be your own person. You can be popular in other ways, such as playing a sport, singing, and getting involved in extra curricular activities. These are all positive and healthy popularity boosters.

According to National Institute on Alcohol Abuse and Alcoholism, an alternative to drinking might be youth leadership roles, intensive programs, supervision by positive role models, and skill building.



Co-Editors-in-Chief

Amira Latif and Jeanette Ramirez

News Editor

Sasha Kobliha

Editorial Editor

Victoria Lahney

Feature Editor

Chelsi Harris

Athletics Editor

Joyce Ramos

Website Editor

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Staff Photographer

Summer Culbreth

Advisers

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Pamela Cathcart

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Alyxia Beasley, Charles Blanchard, Darion Borsdorf, Mikayla Bueno, Frank Carrillo, Cathy Castellanos, Briana Castillo, Daniel Evans-Nakamura, Sydney King, Sergio Linares, Anthony McDonald, Rachel Perry, Danielle Pulido, Hector Renteria, Amanda Vidal

The Corydon encourages its readers to submit letters of commentary on any school issue. We reserve the right to edit letters for content or space. All letters must be signed with the writer's full name and grade level and sent to Room 833. The Corydon is also available on the Millikan website: www.lbmillikan.schoolloop.com

Millikan Welcomes Two Furry Friends to Campus

By Rachel Perry
Staff Reporter

In the last few weeks, Millikan students and teachers have probably noticed new additions to the school: Havana and Klay, two four-footed friends. These dogs are being trained by two QUEST seniors, Hayley Schum and Annina Cooper. They are raising the dogs to assist the blind through Guide Dogs of America for their QUEST senior projects.

Schum and Cooper will be the sole care givers for the dogs, while leading them through specific training guidelines, until the dogs are capable of leading their future companions on their own.

The projects come with

plenty of ups-and-downs but what one notices most is that, as Cooper puts it, “The puppies are no different than regular dogs. They still get to be puppies.”

Although they will have much more training than the average dog, they are still growing up in warm, loving environments, and have lots of time for play.

Havana is a three-month-old Black Lab and Klay is a three-month old three-fourths Yellow Lab and one-fourth Golden Retriever.

These dogs will provide an immeasurable service to a blind person and will be worth over \$30,000 when they are fully trained.

Schum and Cooper agreed that the best part of raising their

dogs is the companionship. The dogs are always there to brighten their days.

Contrary to what some may think, raising a seeing eye dog or even just a puppy, is no easy task.

Both Schum and Cooper have had late night fiascos and veterinarian visits. Havana, Schum’s dog, has suffered numerous ear infections and even spent a few days in the hospital.

Schum and Cooper expected the challenge when they began the projects, but chose the projects happily, knowing that the joy of the puppies would outweigh the stress and challenges.

They have added 30-45 extra minutes into their morning routines to get the dogs ready for the

day. Bringing the dogs to school can be very difficult and distracting.

In total, training will take about 18 months. After training with Schum and Cooper, the dogs will be trained at a nearby Guide Dogs of America facility and will then become official guide dogs. Some dogs also become breeders or are given back to his or her host family.

As the dogs age and are more trained, they will become consistent members of the Millikan High School community.

Cooper even spoke to housing representatives at a few of her top college choices, and found out that she could continue to host Klay in the dorm rooms next year.

“I’m looking forward to watching him grow up and being able to see the changes and developments he’ll go through. I’m also excited to see him help someone and become their companion,” she says.

Schum, on the other hand, hopes the training will go beyond being just a project.

“In the future, I’m most excited to see Havana grow into her abilities and I’m [hoping] to make a huge difference in someone’s life,” she says.

Raising a dog is a journey, and watching Schum and Cooper (along with their furry friends) learn and grow together will be a rewarding experience for all of the students and staff members at Millikan.

Youth Leadership Long Beach: Leaders of Tomorrow Take Over City Hall



PHOTO COURTESY OF KAITLYN SMITH

Civic Duties: Deputy City Manager Reggie Harrison (Leadership Long Beach ‘97) speaks to the Youth Leadership Long Beach Class of 2013 at their “Governance & Media” Day at City Hall.

By Victoria Lahney
Staff Editor

Take a walk into the City Hall chamber and it may seem as if another city council debate is going on. Do a double take and you realize the people in the chairs and audience are actually high school students.

On Dec. 7, Youth Leadership Long Beach (YLLB), a non-profit organization, visited City Hall for a Media and Government meeting. The Youth Leadership Long Beach 2013 class consists of sophomores, juniors, and seniors from schools all over Long Beach including, three Millikan juniors: Eduardo Torres, Julia Kowey, and Victoria Lahney.

These 33 deserving students had the chance to meet the mayor, Bob Foster, and learn first hand how government works. They also got a chance to tour City Hall, the different council offices, and other various departments. The major highlight of

the day included a mock city council debate.

Before attending this meeting, members had to do research to prepare themselves for the debate, which was about the plastic bag ban.

Each student carried out a different role in the debate. Some of these positions included: mayor, council members for each district in Long Beach, city manager, city prosecutor, city attorney, community members, lobbyists, and representatives from different organizations.

“My favorite part about the mock debate is seeing how our city governs over us and how it makes the crucial decisions taking its residents into account,” said QUEST junior Eduardo Torres.

After the mock city council debate, it was time for the nine “council members” to make a vote. The final result was eight votes that were in favor of the plastic bag ban and one vote that was against it.

PRINCIPAL’S ADVISORY

Millikan Involves Students in Administration

By Chelsi Harris
Staff Editor

It’s commonplace in high school to overhear students discussing certain rules and regulations and questioning why we have them. More often than not, most complaints are based on inaccurate information from rumors or an uncertain assumptions.

For this reason, Dr. Cornejo formed the Principal’s Advisory group which includes student representatives from each SLC and grade level. They discuss issues and concerns of the student body. This group gives students a voice when it comes to matters pertaining to the Millikan campus and help them gain a better understanding of why certain things are done the way they are.

The first meeting of 2013 was held on Jan. 8, and included discussion about important topics ranging from fundraising guidelines to campus security protocol.

The meeting started off

with a Q&A from PEACE junior Chelsi Harris and QUEST senior Darion Borsdorf who were guest speakers for the Corydon newspaper.

Following the Q&A, Monty Montgomery, who is head of security at Millikan spoke about the importance of campus safety procedures and answered questions pertaining to reporting any unsavory conduct.

“As much as we’d like to, we can’t be everywhere at one time. We’re expecting you all to be our eyes and ears. Campus security is not just one person’s responsibility, it’s all of ours,” says Montgomery.

Other important discussion topics included the jurisdiction of each student under the school, review of health codes, and the consequences involved with selling snacks and other products that aren’t looked over and approved by Dr. Cornejo or ASB.

The ultimate goal for us here at Millikan is to make sure every student can learn in a safe environment and that’s what we plan to do,” says Dr. Cornejo.



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Lady Rams Dominate Cabrillo Jaguars

By Joyce Ramos
Staff Editor

Applause filled the Millikan gym while the buzzer signaled victory for the Lady Rams at the end of their game against Cabrillo High School on Wednesday, Dec. 19.

The varsity girls basketball team secured their victory early in the game, already reaching a score of 55-10 by half time. The final score resulted in a victory for the Rams over the Cabrillo Jaguars with a score of 86-17.

The Lady Rams have had a strong start to their season with an overall score of 16-1-0. Their current league score of 2-0 positions them second to Poly High School in Southern Section Moore League standings.

Varsity athlete Briana Guilory says the team's hard training has paid off towards maintaining their cumulative winning streak.

Prior to the Cabrillo triumph the team defeated Serra High School of Gardena, the fourth rated school in the state, with a score of 62-57 on Saturday, Dec. 8.

At the Serra tournament Varsity players Alyssa Benton, Maya Smith, and Johanna Dungca received special recognition. Both Smith and Dungca were named the All-time players and Benton was named MVP of the tournament.



PHOTO BY JOYCE RAMOS

Varsity Millikan player Maya Smith, (left) blocks a Cabrillo player while teammate Johanna Dungca (right) prepares to shoot. The varsity Lady Rams played against the visiting Jaguars on Dec. 19 and won 86-17.

Boys Soccer Strikes Winning Goal

By Jeanette Ramirez
Co-Editor-in-Chief

Millikan used controlled defense, excellent goalkeeping, halftime adjustments and strong play to earn another league victory, 2-1, on Jan. 9, at Wilson. Most who attended the event will agree that Millikan beat Wilson at the last minute.

"That's what we do," said captain Connor Johnson, who scored the equalizer. "When we get to those clutch situations we know what it takes."

Wilson took the lead in the 42nd minute, when a player blasted home a loose ball in the box off

a long throw-in. Johnson quickly retaliated by chasing long passes from the back.

By the 50th minute, Johnson played Jaime Salazar on to the right side with a skillful touch and went to the center of the box. Salazar beat his defender wide and crossed it in where Johnson was camped out in the middle of the box to score home a one-touch equalizer.

The audience had a chance to hold their breath when Millikan goalkeeper Edwin Elizarraraz (five saves) and Wilson Eder Rafael (six saves) turned all of them back until Johnson chased down a long ball to the edge of the field

with only six minutes remaining. The defining moment of the game was when Rafael slipped while coming out to play, which gave Johnson the opportunity to net the game winner.

"This game was huge," said Wilson coach Henry Perez, who insists that the Bruins "dominating" portions of the game allowed them to retain confidence. "We got in when we wanted to, but some small errors in the back gave [the Rams] the opportunity, and they are dangerous."

Millikan is a five-time defending Moore League champion and a defending CIF Division II champion.

Tis' The Season to Dance

By Victoria Lahney
Staff Editor

This time of year is by far advanced dance's busiest. They have so much to do, with so little time to practice.

They seem to be busy non stop ever since they danced the night away participating in the Belmont Christmas Parade with intermediate dance, kidettes, marching band, cheerleaders, and ROTC.

On Dec. 14, advanced dance attended the Cabrillo dance show invitational. They performed two dances, "Heads Will Roll" and a small group performed a contem-

porary number called "Shake it off."

Both intermediate and advanced teams participated in the Millikan holiday concert. Advanced performed two dances interpreting ballet and jazz styles. Intermediate also performed two ballet and jazz numbers.

Currently, all three dance levels (beginning, intermediate and advanced) are auditioning and rehearsing for the spring dance show.

"My favorite part of the dance season is the spring dance show," said Melanie Rutledge, advanced dancer, "because we get to show the whole school what we do best, which is dancing."

Former Paramount Athlete Becomes Ram

By Summer Culbreth
Staff Editor

After a 40-day sit out, varsity forward, Malik Marquetti was finally able to play. Marquetti was benched for having transferred schools and previously belonging to another schools team.

Wrestling Team Defends Title

By Sydney Carrington Scott
Staff Editor

Defending Moore League champions, Millikan's wrestling team started the season off by competing against the Wilson Bruins, on Dec. 13.

This first match was a rematch of last year's Moore League title. Again, the Rams came out as victors, and beat the Bruins.

Millikan had a strong start at

the beginning of the match. The final score resulted with Millikan 54, and Wilson 21. The team and coach attributed the win to the team's skills and sticking to the fundamentals.

This match started off the 2012-2013 Moore League season well for the Rams. Returning teammate and senior Isaiah Ingles comments, "I feel like we have a very strong chance of holding our title as Moore League champs, and will end the season on a good note."

The wrestling team hopes to end as well as they started for the season.

The team continues to progress deeper in their Moore League season with various tournaments and matches.

On Friday, Jan. 4, the Rams played against Marquetti's previous school, Paramount High. The Rams started off the New Year with an incredible win against the Paramount Pirates.

By the second quarter, the Rams were already ahead by 17 points with the scoreboard reading 45-28. With the help of Brian Chambers scoring a total of 43 points and Marquetti scoring a total of 12, along with dunking on Paramount twice, the Rams ended the game with a final score of 94-60.

Sitting in the bleachers and cheering on the team, QUEST senior, Corrina Leblanc, stated, "what I noticed about Malik was that although this was defi-

nately his game to shine, he still made a good habit of knowing how to pass the ball, which is a very respectable trait".

Marquetti continued to be humble throughout the game and when asked what his motivation was for his first game of the season, he replied, "I just wanted to get out there and play".

Being a junior, Marquetti has already set his goals regarding basketball. He plans to go to Louisiana State and play in division one.

Having transferred from Paramount to Millikan, Marquetti says that his new high school has offered open doors and new opportunities.