

the Ruff

Page 2

Auto Mechanic Tips for **New Drivers**

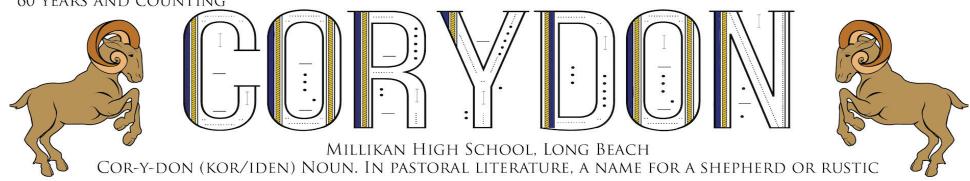
Page 7



Badmington Swings into Season

Page 8

60 YEARS AND COUNTING



Students Study for SAT

By Nicolas Ramos News Editor

AT is the standard-Dized test created by the College Board that is used by most colleges to help determine a student's academic ability.

The PSAT is meant to help students across the nation prepare for the actual test. On March 27, all juniors will take the SAT at Millikan.

Here are a few tips from seniors who have already taken the test.

"For lowerclassmen or those who plan to take [the SAT] as a senior, study over the summer," says MIT senior Nain Rodriguez.

"Use a variety of sources besides Khan Academy, like a prep book," says PEACE senior and library tutor Ben Thomas.

"Don't get too nervous, you can always take another one," says QUEST senior and library tutor Alex Avalos.

There are many free resources to help students study for the test, such as Khan Academy and practice tests. Paying attention in English and math classes will also help students prepare for the big test.

The SAT is divided into two key parts: Math and Evidence-based reading and writing. The Essay portion is an optional third part of the test. Students are encouraged to research the college they want to go to before deciding to complete this portion, as some colleges do require the essay.

Juniors, make sure to prepare for the SAT. It is coming up soon.

Grease Storms Millikan



PHOTO BY NATALIE GISSEL

Millikan's Burger Palace Boys from Grease performed for families the weekend of March 8. The musical cast will perform on March 15 and 16 at 6:30 pm and March 16 at 1 pm.

Two Deaths Associated with Influenza in Long Beach

By Elizabeth Dodd Copy Editor

The flu is a seri-Even though it is a big problem, some people don't think that there is a possibility it will affect them.

However, according to the Centers for Disease Control and Prevention, the flu vaccine only reduces the odds of getting the flu by 60 percent, leaving a 40 percent chance that you will get the flu.

From the beginning of the 2018-19 flu season, the California Department of Public Health reported 119 deaths caused by influenza in California. Two of these deaths occurred in Long Beach. However, it is important to note that they were both elders with other health problems.

Mayor Robert Garcia says in a Long Beach press release, "Getting the flu shot is one of the best things we can do for ourselves and to protect those around us. Public health is a serious matter and requires us to do our part."

Atlanta News Now says that, "flu activity tends to peak between December and February, but can last as late as May."

It is not too late to get the flu shot. If you have yet to get one, the City's Health and Human Services Department encourages people to go out and get it at their local clinic or pharmacy.

Grease Up for the Dance

By Madison Letts Staff Reporter

illikan will host Lthe annual Greased Lightning dance April 12 for only \$15. Ms. Massich, COM-

PASS founder and leader, is making the dance come to life. It will correspond with the musical and is expected to have live performances with the help of her senior Capstone members.

She said that her biggest

struggle this year is making the dance look as authentic as possible in comparison to the time period and the movie.

Massich and the arts community hopes everyone will enjoy the event with their friends.

Millikan Keeps Up With the World

Rise

By Michael Malinski Co-Editor-in-Chief

Japan Fights Measles Outbreak

Japan is currently fighting its worst measles outbreak in the last fifteen years. At least 170 cases have been documented since the beginning of the year with cases...

World Health Organization experts suggest that the refusal to vaccinate children in first-world countries have been increasing the rates of measles worldwide. The island nation of Cy-

Cyprus-Turkey Tensions

prus is undergoing rising tensions with Turkey. Multination corporation Exxon-Mobile discovered a significant find with potentially large gas and oil reserves. Turkey claims that ex-

ploration for resources are in violation of the Cypriot's rights. Turkey foreign minister Çavuşoğlu stated that Turkey will start drilling with two ships circling Cyprus in retaliation.

Fight to Preserve Moon Footprints

The UN acknowledged a growing space issue mid-February. According to the 1967 Outer Space Treaty, no nation can claim sovereignty over anything in outer space.

This complicates efforts to preserve historic sites on the moon, particularly the footprints created by Neil Armstrong in 1969. An adequate way to preserve the footprints has not been found yet.

EDITORIAL

Letters to the Editor

"The Good and the Sad of 2018"

I think that this newspaper was one of the best papers that has been released. I always enjoy reading each of your newspapers and learning all of the school events. Adding a time line of the good and bad of 2018 really shows us the mistakes and achievements that we all have made and can overall connect us all together.

Shane Janney Grade 9

"Don't Table the Tattoo Talk"

I like how you're bringing awareness to people's bad decisions as teenagers by getting tattoos. I like your extensive use of vocabulary and your caution in getting a tattoo. I would be fired from In-n-Out if I got one.

Lucas Channel-Skogen Grade 11

"Millikan Juggles Jeopardy"

It's great to see these Millikan students demonstrating how hard they work and the intellect they possess. I liked the direct student input with their thoughts and reactions about Millikan Jeopardy. Your writing demonstrates the wonderful community of students here at Millikan.

Joseph Purseglove Grade 11

"Summer School Expectations"

I really agree with your statement that Millikan should offer other classes like sign language, yoga, auto mechanics and wood shops. I would personally take sign language class over the summer.

Jaylyn Gutierrez Grade 11

Juuls in the Ruff



By Madison Letts Staff Reporter

With the "coming of age" of our new generation, vaping has evolved to an epidemic across LBUSD. Underage smoking has affected 75% of California high school students since 2017 claims a *DrugFree*. org article on E-cigarettes.

Vaping has been reported by the National Center of Health Research to be less harmful than conventional cigarettes. However, the dosage of nicotine that people are taking in on a daily basis is very toxic to the lungs and can cause serious damage.

Millikan High School's Assistant Principal, Ms.Tullo, has several bags of confiscated Juuls, vapes and wax pens. When asked about addiction and how it is affecting students, Tullo stated, "Addiction affects all humans and is very dangerous." Millikan administration is doing what they can to solve this recurring issue.

Students (with reasonable suspicion) are being searched detectors. with metal Consequences consist of detention and possibly a referral along with a call to parent/guardian. Pictures are circulating to Millikan staff so teachers know what to look out for. They have been said to look like portable chargers or ink pens. Students that are searched be held responsible for what is found.

Vaping companies are being targeted for underage smoking due to their exotic flavors like cotton candy, cookies and fruity candies. However, Juul said it would keep mint, to-bacco and menthol flavors.

Millikan administration is concerned about students and their health. It has gotten to the point where one in five high school students now vape in studies made by consumer.healthday.com. Students have been more prone to smoking in school because of the appeal of vaping due to the lack of smell and minor smoke. Cigarettes are being replaced with vapes because of the weak and sweet smell.

Due to vapes not releasing tar like conventional cigarettes do, it doesn't cause smell to stick to clothes. There is no need for lighters because of the battery/chargers.

Campus security will be on the lookout to protect students from the possession of these illegal products.

The Glitz and Glamour of Gossip

By Zoe Renner Staff Reporter

It's a human trait to be interested in gossip, but the latest celebrity scandal is much different than the typical gossip that goes around the schoolyard or workplace.

Celebrity drama is so much more interesting to us because we subconsciously want to be like them. Some poeple are aware and even avoid celebrity drama altogether.

Knowing what's going on gives us the feeling that we know these people personally and what's going on in their lives, like we are friends with them.

COMPASS freshman Rachel Barnes says, "I think it's a way to worry about other people's drama rather than their own. It's a distraction from what they're facing in their life."

However, some offer a different perspective. MIT sophomore Don Claverie says, "When people get interested in celebrity drama, I think they're going out of their way to defend their idols."

Many people have their own input and reason on the subject, so a definitive answer is not clear. However, we continue to prowl on social media, looking for the latest celebrity scandal.

Khan Academy Proves Pointless

By Nick DeLucca Editorial Editor

Recently the school disment and see it as unnecessary busy work.

math classes containing juniors and seniors must complete at least two hours of Khan Academy SAT practice a month.

ment and see it as unnecessary busy work.

QUEST senior Emmanuel Evans, who is enrolled in Finite Math states, "It makes no sense why seniors who have al-

The goal of this assignment is to observe whether or not student's SAT scores are impacted by practice.

Although this encouragement may be helpful to most juniors, it is a burden weighed on seniors who have completed their SAT and have already submit-

ted their scores to colleges.

Many seniors are upset about this assignment and see it as unnecessary busy work.

QUEST senior Emmanuel Evans, who is enrolled in Finite Math states, "It makes no sense why seniors who have already taken the SAT and submitted their scores are still being required to do SAT prep for certain classes. It's a waste of time and counterproductive."

As for the juniors who are required to complete this practice, there is minimal drive to put maximum effort into its completion.

COMPASS Junior Audrey Bierman, who is enrolled in FST added, "The SAT prep on Khan Academy in my opinion isn't helpful and adds extra work that we don't need. I just feel they can't say it impacts our scores because it's not checked, giving little direction if you're doing it right or not. You have to get it wrong first to learn anything and it puts more stress on us."

In fact, many students who are faced with this assignment leave the tab running and toggle the keys to rack up minutes.

Furthermore, there is no actual way to grade students except for completion. Therefore it won't be an accurate measure of whether it has impacted their knowledge.

There's already an overload of stress for students, especially those enrolled in multiple AP classes, but the school district is piling more work with little recognition of its effects.

Khan Academy SAT Prep should be offered as an extra credit assignment for those looking to improve their SAT scores.

EDITORIAL

American Demographic Disaster

By Sofia Bouzarif Web Editor

America, we live strictly defined racategories. We are cial classified Cauca-African-American, sian, Asian-American, Pacific Islander, Native American, Latin American, or "Other." We are all required to live within these labels to ensure we all have a status, a category, and a voice.

However, for people like me, the demographic system set in place glaz-

es over my race and culture. My Berber descent, the tribal African group residing in Morocco, is not "White." It is North African and furthers the notion that non-black African Americans are systemically unacknowledged.

"Middle Eastern and North African people are an ethnically, culturally, and economically diverse people," says QUEST senior Arina Nasri. "Looping us together with Europeans is not only incorrect, but also looks over our diversity."

Yet, the demographic system in place claims Middle-Eastern and North African countries are looped with European countries under Caucasian.

One look at my family and our skin tone will refute that label. This forces us to mark "Other," denying our ethnic pride.

We are the native tribes of the Moroccan people. We are known for our Argan oil used globally in cosmetic products and our country's beautiful landscapes, but still, we are overlooked in the most basic of ways. We are forced to racially identify with our European conquerors.

The difference tween African races is recognized within the demographics of European countries, like France and the Netherlands who recognize their North African populations separately.

Awareness of the difference between races differing from our own will lessen the isolation presented to students forced to check "Other" for their ethnicity.

Letters to the **Editor**

"Millikan's Campus Construction"

Personally, the construction hasn't affected me at all other than the fact that the already limited parking is even fewer now. I feel bad for the upper class tennis and softball players because they're being affected by construction that won't even benefit them because they're going to be graduating. I guess it is truly going to be worth it in the end with the softball team getting a new field and the 1000 building.

Seangthea Samai Grade 12

"Valentine Shout Outs"

I really enjoyed the Valentines shoutouts because they were so cute! I loved the positive vibes and how they brought people together. Freaking adorable!

Jadyn Cantrell Grade 11

"Wrestling Domainates League"

It's really great how you give detail to the sports articles like the varsity wrestling. It goes into detail of who won and how hard the wrestling team is training.

Cortez Gardner Grade 9

Issue 4

The Corydon is already boring to me. I feel instead of a newspaper it should be more like a magazine or an online blog because a newspaper seems both out dated and bland.

Malik Pryor Grade 9

Can Trump Save Venezuela?

By Dayquan Moeller Editorial Editor

In opposition to the Maduro government, the Trump administration has chosen to recognize Juan Guaido as the rightful president of Venezuela.

While this may seem like attempts to stand for democracy, a closer look reveals that the US government has ulterior motives.

First, are the problematic people the Trump administration has chosen to handle the situation. The most glaring of which is Elliott Abrams, who was appointed as an envoy to Venezuela.

1981, Abrams helped cover up the war crimes of US-Backed paramilitaries in El Salvador.

Those crimes include a soldier killing a child by throwing him into the air and then catching him with his bayonet.

Later in 1991, Abrams pleaded guilty to withholding information to Congress about the Iran-Contra Affair, a scandal in which weapons were illegally transported under the guise of humanitarian aid, that Maduro has refused.

Is the man who was involved with atrocities in El Salvador and later lied before Congress really the best person to handle the humanitarian crisis in Venezuela?

Moreover, Security Advisor John Bolton has explicitly described economic interests in Venezuela when he told Fox News that, "It would make a big difference to the United States economically if we had American oil companies really invest in and produce the oil capabilities in Venezuela."

The United States' oil interests in Venezuela were further evident with 2017 sanctions on Venezuelan oil that still allowed Chevron Halliburton (a company formerly owned by Dick Cheney) to continue working in the country.

Venezuela is in a crisis, and is in desperate need of help. However it's unlikely they'll receive our help with the profit driven war hawks that are leading our country.

The Impact of Awareness

By Katie Hull Staff Reporter

Il people are on a spec-Atrum of varying physical and mental ability levels. For some people, their capabilities are limitless depending on their determination and grit. For others, the ability to perform simple tasks is undoable.

People who have amazing talents and abilities are envied and people visible disabilities are pitied. However, not all able-bodied people are happy and not all disabled people want to be pitied.

Implying that pessimism is the default while living with a disability negatively impacts the lives of approximately one billion children and adults worldwide with all types of disabilities. This mindset paints the picture that it is normal to dislike everything about ourselves that doesn't fit society's mold.

To some people with disabilities, limitations are a constant burden. To others, limitations may be seen as mere difference in mobility.

Upon meeting some-

one who is mentally or physically disabled, get to know their perspective on their disability before you form your own.

Just because someone is disabled and they have a positive outlook on life doesn't automatically make them an inspiration or a role model. Awareness can change people's views, but it can also help to gain funding for accessibility.

Accessibility includes any adaptations that make certain things available to all people despite their disability. This includes elevators, braille or audio translations, and accurate subtitles.

disability Spreading awareness could help the school get funding specifically for more elevators, as we currently only have one, or for better maintenance of the existing elevator, which constantly gets stuck.

Unfortunately, we have a long way to go, but by hearing the perspectives of those who have disabilities and understanding that positivity shouldn't be outside of the norm each of us can make a difference and help spread a postive change.

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Cor y don (Kor/iden) n. In pastoral literature a name for a shepherd or rustic

> Now in Our 62nd Year of Publication

The Most Irresistible Man in the World

By Jaden Tsai











Government Shutdown: Compromise and Now Emergency

By Noah Devine Web Editor

he United States federal government shutdown, by a dispute over a border wall and security funding, occurred between December 2018 and January 25, 2019. It was the longest shutdown in U.S. History.

Consequently, 800,000 federal employees were either temporarily laid off or forced to work without pay. Between the loss of pay and government agencies fully functioning, not suffered. the economy

According the Congressional Budget Office, shutdown

cost the U.S. economy \$11 billion, \$3 billion of which is permanently lost.

The shutdown stemmed from an impasse over President Trump's demand of \$5.7 billion for a U.S.-Mexico border wall. The Republican controlled Congress before midterm elections became official and attempted to pass a federal budget that did not include border wall funding. However, President Trump refused such a bill. to sign

In January, representatives elected in the midterms took office, giving the Democrats a majority in the House. They immediately voted to approve the federal budget an appropriations bill that bill (which included no funding for the wall) that previously passed the Senate unanimously.

several For weeks, Trump continued to affirm that he would veto any bill that did not fund an entire border wall and Republican Senate Majority Leader Mitch McConnell blocked the Senate from considering appropriations that legislation Trump would not support.

January On President Trump agreed to endorse a stopgap bill to reopen the government for three weeks, until February 15, to allow for negotiations to take place to approve both parties could agree on.

However. Trump reemphasized his demand for border wall funding and said that he would shutdown the government again or declare a national emergency and use military funding to build the wall if Congress did not appropriate the funds by February 15.

February President Trump declared a national emergency in order to bypass Congress, being unsatisfied with a bipartisan border bill that had passed the House and the Senate. The bill included \$1.4 billion additional fencing along the southern border.

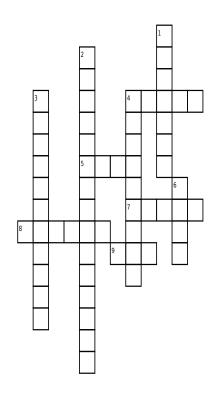
The president's plan is to sign the congressional spending bill, pull money from other programs using traditional presidential power, and procure even more money by declaring national emergency.

Democrats and some Republicans instantly condemned the move, vowing to challenge it in court. Sixteen states have filed lawsuits in district court.

When asked for his opinion, Millikan COMPASS Senior Seth "This is Severtson says, not an immediate threat to the country that warrants national emergency and declaring it as such unconstitutional."



Corydon Crossword!



Down:

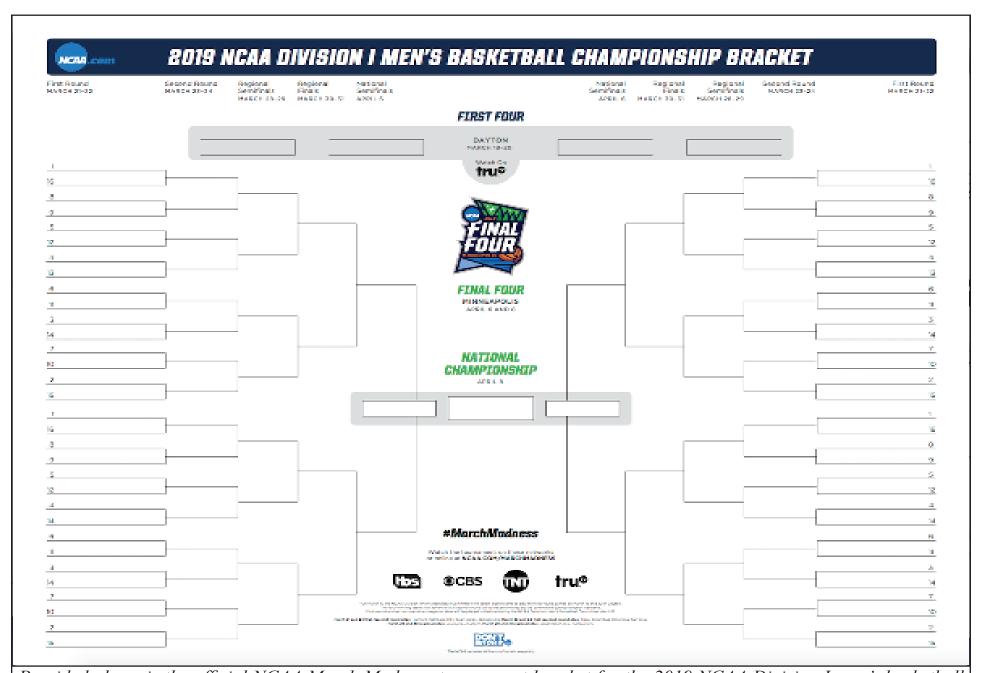
- 1. The middle name of Robert Millikan
- 2. When clocks are set ahead one hour to use more natural daylight
- 3. Local event where people shave their heads to raise funds for cancer research
- 4. Fat Tuesday celebration
- 6. How many federal holidays are in March?

Across:

- 4. Month where Juniors take the school-wide
- 5. What's at the end of a leprechaun's rainbow?
- 7. Ancient Millikan SLC that would like St. Patrick's Day
- 8. Name of the Millikan's Spring Musical
- 9. Month AP tests occur



PAGE 5 March 2019



Provided above is the official NCAA March Madness tournament bracket for the 2019 NCAA Division I men's basketball tournament. The 68 contending teams will be revealed on Selection Sunday, scheduled for Sunday, March 17. The Corydon encourages its readers to keep this copy of the paper to document all of the latest March Madness updates, as the First Four begins Tuesday, March 19 in Dayton, Ohio. The first round of the tournament will initiate on Thursday, March 21. The image featured is courtesy of the NCAA website.

Ambitious New Plan Presented

By Jaden Tsai Asst. Page Editor

lexandria Ocasio Cortez is a name that has been in the news lately. She is the youngest member in Congress at 29 years old. Along with Democratic Senator Edward J. Markey, Cortez is already trying to implement an ambitious set of policies known as The Green New Deal.

This deal contains plans to reduce greenhouse gas emissions, lower income inequality, and improve infrastructure. includes It also

plans to open high quality job opportunities in vulnerable or deindustrialized communities.

The deal is seeking bipartisan support, which is necessary for it to pass.

"Even the solutions that we have considered big and bold are nowhere near the scale of the actual problem climate change presents us," says Cortez to NPR News, "It could be part of a larger solution, but no one has actually scoped out what that larger solution would entail. And so that's really what we're trying to accomplish

with the Green New Deal."

Many people against this deal, especially Republicans. CNN reported that Donald Trump stated, "I really don't like their policies of taking away your car, taking away your airplane flights, of 'let's hop a train to California,' or 'you're not allowed to own cows anymore!' [It] all has to do with 2020 and the election," referring to the members of Congress that support this deal.

The Green New Deal is and will continue to be a deeply polarizing political debate in Congress.



The Cordyon would like to congratulate **Fabian Perez** on winning the

Letter to the Editor raffle.

Stop by room 328 to recieve your prize.

The Corydon encourages its readers to submit letters of commentary on any school issue. We reserve the right to edit letters for content or space. All letters must be signed with the writer's full name and grade level and sent to Mrs. Pircher's mailbox.

Baldricks

By Nick DeLucca Editorial Editor

very two sec-Conds, a child is diagnosed with cancer.

This year, the Childhood Cancer Club is teaming with the St. Baldricks Foundation, a non-profit organization, to help raise funds for childhood cancer research during the 17th annual Long Beach "Shave for Kids".

Participants pledge to shave their heads and ask for donations from others, which will be used to support childhood cancer research.

Members of Millikan's Childhood Cancer Club will meet at the Long Beach Firefighters Union Hall located on 2201 Cherry Ave on March 23 from 9-4 to fulfill their pledge.

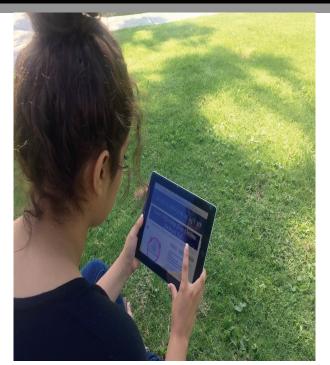
Childhood Can-

cer Club president Raul Melchor, who plans to shave his head stated, "Not enough people realize the true struggle of pediatric cancer- I'm going to shave my head as a way to spread awareness. I also want to show support for the kids who feel selfconscious about how they look. I want them to know they're not alone and that we're here for them."

Join the Childhood Cancer Club at this event to show your support for pediatric cancer research and consider shaving your head for the cause. You can also come to club meetings on Thursdays at lunch in room 825.

If you are unwilling to shave your head, there are many other creative ways to raise money to donate to this very deserving and honorable cause.



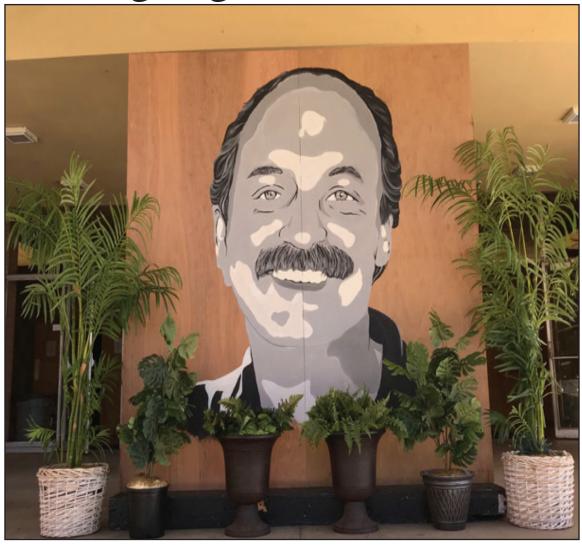


Online Driver Education

Visit our website for details!

(Access at any time while traveling or at home)

Go Bald for St. A Sweet Goodbye to Our Shining Light



By Chloe Pullman Sports Editor

Bob Brigham, a crucial member of the drama department for the past 35 years, has left Millikan. The stages he designed had a big impact on every show and production.

Not only was he a stage technician at Millikan, but he also helped students persue their interest in set and crew, leaving a tremendous effect on their education.

His work will be missed

very much by all casts and crew, present and past.

From an article in the Long Beach Press, Brigham received letters referring to him as "a father and a hero." Former students stated: "He was the only reason I stayed in school", "Bob was not just my teacher, he was my second father, and my friend. His door formance put on by Milwas always open no matter what" and "He believed in us and by doing so taught us to believe in ourselves."

Unfortunately, he has the staff and students.

left due to personal health reasons and many students will miss him greatly.

In his honor the auditorium will be named the Robert L. Brigham Performing Arts Center and his spirit will always be remembered in the many hearts he touched at Millikan.

There was a choir perlikan students dedicated to him on Saturday, March 23. His work and dedication will live on through

Millikan's Quintet Plays Tribute to QUEEN

By Dayquan Moeller Copy Editor

When one thinks string quintet, late power rock ballads probably aren't the first thing to come to mind. However, the band QUEEN is experiencing a revival right now and five Millikan musicians are feeling the fever.

The ensemble including Marianne Manalo, Emily Jacobs, Andrew Ho, Daniel Edu, and Abigail Haun of Millikan's Chamber Orchestra have chosen to enter the LBUSD Solo/Ensemble Festival with a cover of "Bohemian Rhapsody" as their piece.

The LBUSD Solo/En-Academy of the Arts where middle and high school instrumental musicians perform in front of judges and receive feedback.

QUEST cellist Andrew Ho states that he began to find "classical pieces boring," and wanted to try something new. Abigail Haun expressed similar sentiments stating that the song is "allowing us to broaden our repertoire outside of classical music."

PEACE violinist Marianne Manalo adds that she enjoys the song's "uniqueness and variety of tempo."

The change from trasemble Festival is an an- ditional string pieces to nual event at Marshall pop music is somewhat of a difficult one, even for these seasoned students who are in the most advanced string ensemble at Millikan."It's technically easy, but in a really weird time and key signature," says violinist Daniel Edu.

> Moreover, Junior Emily Jacobs stated that because the group is playing without a conductor, it will increase their teamwork abilities as it "forces us to listen and follow each-other's lead."

The group plans on leaving the festival singing "We Are the Champions" come April 13.

Model UN Models How to Debate

By Londyn Phillip Staff Reporter

The Model UN Club **▲** (Model United Nations) has taken their knowledge and skills to one conference this year with plans to go to many more. The conference will take place this month on March 23 at Laguna Hills High School.

The goal of the conference is to debate and negotiate with other delegates that have researched the same topic and find a logical and reasonable conclusion that could solve the issue.

Conferences low students to voice their opinion on a variety of important topics.

"I really enjoy interacting with new people from schools across Cali-

fornia!" says club President, QUEST senior Lily Leventhal. "It's interesting to bring your research into such a hotly debated topic and defend yourself and your opinions."

"Conferences really fun and interesting," QUEST freshman Luc Minkoff said. "It really helps you understand how the world works."

"I think Model UN is a great experience just because it's so different than anything else I've ever done before," "The Leventhal says. structure of the whole organization has been great for building confidence and debate skills."

Model UN is open to anyone that wants to join. Meetings are in Ms. Braswell's room (206) on Mondays at lunch.

Millikan Meme **Account Goes Viral**

me checking school loop to see if my grades went up even though i know they haven't



By Hannah Torres and Naomi Aragon Co-Editor-in Chief and Staff Reporter

illikan come one of the local schools to have been blessed with its very own meme ac-Instagram. count on

This account is run by an anonymous source that is suspected to be a single student or group of students at Millikan.

a vari-There are ety of memes that are relevant students' to everyday lives.

The account's 1,352 followers are even encouraged to send in ideas and memes of their own.

As time passes, the account continues to grow and more and more followers are curious as to who this Meme God actually is. This account can be found on Instagram @millikan_memes_.

Millikan Honors **Black History**

By Sara Steichen Feature Editor

Tillikan's celebration Lof February's Black History month took multiple forms and many students were able to participate in their own unique ways.

Every morning during the month of February, Millikan was given a thoughtful and interesting piece of black history (themes were: sports, business, art, and powerful historical figures) by April Brown during the announcements.

Alannah Enriquez, a PEACE senior stated, "It makes me happy to see people embracing their culture because it matters, especially for minorities."

Another way likan celebrated the month was by ASB filming and producing a video that touched upon what the African American culture means to our students.

Chiedozie Uchegbulam, a QUEST senior stated, "I felt like I myself was apart of history on campus, bringing joy not just to myself but others around me."

In addition to, on Thursday, February 28, Millikan students were allowed to dress in either green, red or gold to honor different aspects of African culture and ways of life.

Lastly, another event Millikan had was the Black History Month March during lunch to show their appreciation for the black culture all around them.

Principal Mr. Navia stated, "From my perspective, the activites were very good and very positive... (it's important to be able to) celebrate and recognize the accomplishments of the African Americans."

This school wide celebration of culture echoes that Millikan is always trying to be an inclusive place for all students, teachers and staff.

BASIC AUTO MECHANIC TIPS FOR NEW DRIVERS

By Emma Sharman

WHY IS THIS **IMPORTANT?**

Many high school students are reaching the legal age to begin to drive. Getting on the road as a beginner can be intimidating, especially when you're inexperienced and know next-to-nothing about your vehicle. As with most things, there are some key features and parts of your car that even the utmost beginners should learn to pay

Here are a few key pieces of advice coming from professional local mechanics about what new drivers need to know in order to have the safest experience possible on the road.

COMMON ISSUES-



"Check your tire pressure. Learn how to tell when you have a flat." -Jeb's Metal and Speed

"Its not a bad idea to know how to change your own tire. Be aware of where the spare is." -Corvair Specialties

"If you rotate your tires, you can extend the life of your tires by almost two times as much." -Jeb's Metal and Speed

"Honestly people make jokes about it but seriously just walk around the car and kick the tire, you know? See if it has [enough] air in it." -Corvair Specialties

FLUIDS



"All cars take coolant. 50% of people don't know that you can use water as coolant in a pinch if your car is overheating.'

-Jeb's Metal and Speed

"You should know where the different fluids in your car are located. If you're trying to change or refill your break fluid and you get it mixed up with the coolant, you could total your car. So if you don't know something, ask."

-Chris Sharman



PREVENTATIVE

MEASURES

ASSISTANCE

"I think [looking online for information] is okay, but I think you should watch different videos because there's a lot of misinformation out there. Find a video or article by someone who is qualified and knows what they're doing." -Jeb's Metal and Speed

"There are no stupid questions." -Chris Sharman

SIGNALS

"If you're consistently cleaning your car and taking care of your car, you'll notice problems before they happen."

-Jeb's Metal and Speed

"If your car is making a noise, something is wrong. Find someone qualified and don't hesitate to ask about it."

-Jeb's Metal and Speed

ATHLETICS

Spiking the Competition

Danielle Paulson Staff Reporter

The Millikan boys volleyball team has been prepping to spike the competition in the upcoming season. They have been practicing non stop since the start of the school year to redeem themselves from last year's efforts.

Last season, team landed themselves in third place at Moore League, and thought that they had no chance at CIF, but luckily they received a wild card. Heartbreakingly, they lost to Hart High School in the first round of CIF.

This year they have

been practicing almost everyday after school to make sure that they do not land themselves in the same situation, starting setter, junior Kyle Paulson states, "We feel very confident this year. I think we have a chance at winning Moore league, and I feel like we can go far this year."

The team has already won their first scrimmage against Cer-High School.

They now have their eyes on winning league. Come out and support boys volleyball as they host Cabrillo on Thursday, March 14, to watch them take home the win!

Badminton Swings into Season

By Londyn Phillip Staff Reporter

adminton is prepar-**B**ing for their latest and possibly greatest competition season.

This intense sport is a coed court game that can be played with a total of either two or four players, with either one or two people on each side of the court, similar to how one would play tennis.

For both of the teams, varsity and JV, the season started on February 27 For the JV team, the season will go until April 19

The varsity season will go into league finals and tournaments, which could last until May 19

"I'm really excited about the season," **QUEST** freshman Luc Minkoff said. "I'm looking forward to playing with the team."

"I really love being a part of the team, and I love advancing my skills in the game."

Track Season Sprints into Season

By Andrea Prado Front Editor

Tillikan's track and Milikan s unon field season began on February 23 with the team's first race at LBCC. Millikan was of the few LBUSD high schools to receive an invitation to race against schools from other districts.

"We started getting ready for this season almost right after winter break ended," says QUEST junior Isabel Sepulveda. "Everyone's been working really hard to reach their goals for this season so I think that as a whole we're going to do really well."

The team's first meet of the season was not necessarily about having top performances, but about getting back to compet

against someone themselves. other than

Still, the team did hadve some individual champions: seniors Darline Schroeder and Alan Tabales in the Girl's and Boy's Varsity High Jump, junior Alaina English and senior Imhotep Pryor in the Girl's and Boy's Varsity Shot Put, and sophomore Nick Vasquez in the Boy's Frosh/Soph Shot Put.

With the season in full swing, the team is pushing themselves during practice to prepare for future races. Track members have different ways of preparing for what's to come.

"I will have to ice and be in a good [positive] mindset," says COMPASS senior Jazmine Ruiz. "I will

also watch my injuries and make sure I'm set to race."

PEACE senior Debbie Perez says, "It all depends on yourself, on each individual, and how willing they are to actually put their effort in."

Similarly, track coach Coach Naulls says, "We have to continue to improve well in practice so it translates into better performances at the track meets. I'm very excited about this team and the upcoming season."

The track team competed at Los Alamitos High School Griffin's relay at on March 1 and at the a Nike Invitation at Redondo Union High School on March 8 and 9.

Watch the team as they run to the finish line on the track and watch their hard work pay off in action.

UP COMING MILLIKAN HOME GAMES



3/21/19(3:15) 3/28/19(3:15) 4/2/19(3:15) 4/11/19(3:15) 4/18/19(3:15)

SOFTBALL



BADMINTON 3/12/19(3:00) 3/21/19 (3:00) 4/9/19 (3:00) 4/11/19 (3:00)





By Nicolas Ramos News Editor

season at the end of winter break and finish on April 19, with 10 meets total. They started their league on March 1 against Lakewood High School, with

18 at Cabrillo. "We have a strong group of seniors this year, so we hope to do well and go to CIF,"

league finals on April

says Swim Coach ↑ illikan varsity mens Dane Smith. CIF will **IVI** swim started their come the first week of May, right after Spring Break.

> The Frosh/Soph, JV, and Varsity all train together in the morn-

ing at 6:00 a.m. and in the afternoon three days a week. In total, they swim 6-8,000 yards a day.

The next couple meets include March and March 22.



VOLLEYBALL (Boys) 3/14/19(3:00) 3/15/19(4:30) 3/26/19 (3:00 & 4:30) 3/28/19 (3:00 & 4:30) 4/4/19 (3:00 & 4:30) 4/16/19 (3:00 & 4:30)

GYMNASTICS 3/29/19 (3:00) 4/3/19 (3:00) 4/10/19 (3:00)







TENNIS (Boys) 3/18/19(3:00) 3/21/19(3:00) 3/28/19 (3:00) 4/1/19 (3:00) 4/8/19 (3:00)



